

# HOLY TRANSFIGURATION GREEK ORTHODOX CHURCH



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**Sunday, February 19, 2012**

Sunday of Meat-Fare  
Κυριακή τῆς Ἀπόκρεω

Tone: Third, Eothinon: Third

Readings of the Day: 1Corinthians 8:8 - 9:2 and Matthew 25:31-46

Today we remember the Second Coming of our Lord Jesus Christ. Memory of the holy saint Philothea of Athens the righteous.

Τῇ ἡμέρᾳ αὐτῇ μνεῖαν ποιούμεθα τῆς Δευτέρας καὶ ἀδεκάστου Παρουσίας τοῦ Κυρίου ἡμῶν Ἰησοῦ Χριστοῦ. Μνήμη τῆς ὁσίας Φιλοθέης τῆς Ἀθηναίας.

*We extend a warm welcome* to all visitors worshipping with us today. We invite all of you to join us for the family luncheon at the end of the Divine Liturgy in the Parish Life Center (the hall) next to the Church.

**REMEMBER - REMEMBER - REMEMBER**

THE MAIN PURPOSE FOR WHICH WE HAVE GATHERED HERE TODAY IS TO  
OFFER GLORY TO GOD WITH OUR WHOLE HEART AND OUR WHOLE MIND!

## WE ARE NOW IN A NEW LITURGICAL PERIOD

Today we enter the third week of the liturgical period of the "Triodion". This period precedes Great Lent and seeks to prepare us spiritually for the Great Fast. We are only one week away from the beginning of Great Lent. **Today is the last day we eat meat** before the beginning of the Great Fast. During this coming week we abstain from meat, but we eat all things, including fish and dairy products. Please try to keep the fast as much as you are able. If you have any questions, please speak with Fr. Panayiotis.

## Resurrection Apolytikion, Third Tone

Let the heavens sing for joy, and let everything on earth be glad. For with His Arm the Lord has worked power. He trampled death under foot by means of death; and He became the firstborn from the dead. From the maw of Hades He delivered us; and He granted the world His great mercy.

## Kontakion from the Triodion

When You come down to the earth, O God, in Your glory, all things will cower tremulous, and a river of fire will draw before Your Judgment Seat; the books shall be opened up, and public knowledge will things hidden be. Rescue me, then, I pray, from unquenchable fire, and count me worthy to stand at Your right hand, O You, the most righteous Judge.

## from the Wisdom of the fathers of the Church

*"When the love of God is completely overwhelming, it binds the lover not just to God but to everyone else too."*

*"Love and self-control purify the soul. (Thalassios the Lybian)"*

## INTRODUCTION TO ORTHODOXY

The "Intro to Orthodoxy" Class will meet again on Tuesday, February 21, 2012 at 7:00 pm at the Office Conference Room.

## BIBLE STUDY GROUPS

**Our Bible Study** groups will meet again on Wednesday, February 22 at 10:00 am and Thursday, February 23 at 7:00 pm in the Office Conference Room. Please plan to join us for your spiritual edification.

## PLEASE, DO NOT FORGET: OUR PARISH NEEDS YOUR SUPPORT

If you have not yet handed in your **Stewardship Card for the year 2012**, please do so today. Our Parish depends on your love and generosity for its everyday operation. These are tough times for many people. Those of us who are able should give more to help get us through the difficult times. Let us offer back to God from His own Gifts to us! Let us support the ministries of the Parish which are serving our needs and the needs of our children.

Μετεμορφώθης ἐν τῷ ὄρει, Χριστέ ὁ Θεός, δείξας τοῖς μαθηταῖς σου, τήν δόξαν σου, καθὼς ἠδύναντο· λάμπσον καί ἡμῖν τοῖς ἁμαρτωλοῖς, τό φῶς σου τό αἶδιον, πρεσβείες τῆς Θεοτόκου· φωτοδότα δόξα σοι.

Metemorfóthis en to óri, Hristé o Theós, díxas tis Mathités sou, tin dóxan sou kathós idínanto; lampson ke imín tis amartolís, to fos sou to aídion, presvías tis Theotóku, Fotodóta dóxa si.

You were transfigured upon the mountain, O Christ our God, showing to your disciples, your glory as much as they could bear; Do also in us, sinners though we may be, shine your everlasting light, at the intercessions of the Theotokos, O Giver of Light, glory to you.