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Holy Week 2018

Bridegroom Service on Sunday Evening

Matins of Holy Monday

Texts in Greek and English

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Μεγάλη Εβδομάδα
Ακολουθία τοῦ Νυμφίου
τῆ Κυριακῆ τὸ Βράδυ
Ὁρθρος τῆς Μεγάλης Δευτέρας

ΑΚΟΛΟΥΘΙΑ ΤΟΥ ΟΡΘΡΟΥ

ΙΕΡΕΥΣ

Εὐλογητὸς ὁ Θεὸς ἡμῶν πάντοτε, νῦν
καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

ΑΝΑΓΝΩΣΤΗΣ

Ἀμήν.

ΙΕΡΕΥΣ

Δόξα σοι ὁ Θεὸς ἡμῶν, δόξα σοι.

Βασιλεῦ οὐράνιε, Παράκλητε, τὸ
Πνεῦμα τῆς ἀληθείας, ὁ πανταχοῦ παρῶν
καὶ τὰ πάντα πληρῶν, ὁ θησαυρὸς τῶν
ἀγαθῶν καὶ ζωῆς χορηγός, ἐλθέ καὶ
σκῆνωσον ἐν ἡμῖν καὶ καθάρισον ἡμᾶς
ἀπὸ πάσης κηλίδος καὶ σῶσον, Ἀγαθέ, τὰς
ψυχὰς ἡμῶν.

ΑΝΑΓΝΩΣΤΗΣ

Τρισάγιον.

Ἅγιος ὁ Θεός, ἅγιος Ἰσχυρός, ἅγιος
Ἀθάνατος, ἐλέησον ἡμᾶς. (ἐκ γ')

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι.
Καὶ νῦν καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν
αἰώνων. Ἀμήν.

Παναγία Τριάς, ἐλέησον ἡμᾶς. Κύριε,
ἰλάσθητι ταῖς ἁμαρτίαις ἡμῶν. Δέσποτα,
συγχώρησον τὰς ἀνομίας ἡμῖν. Ἄγιε,
ἐπίσκεψαι καὶ ἴασαι τὰς ἀσθενείας ἡμῶν,
ἕνεκεν τοῦ ὀνόματός σου.

Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε,
ἐλέησον.

Holy Week
Bridegroom Service on Sunday Evening

Matins of Holy Monday

SERVICE OF MATINS

PRIEST

Blessed is our God always, now and ever,
and to the ages of ages.

READER

Amen.

PRIEST

Glory to You, our God. Glory to You.

Heavenly King, Comforter, Spirit of
Truth, present in all places and filling all
things, treasury of good things and giver of
life: come; take Your abode in us; cleanse us of
every stain, and save our souls, O Good one.

READER

Trisagion Prayers.

Holy God, Holy Mighty, Holy Immortal,
have mercy on us. (3)

Glory to the Father and the Son and the
Holy Spirit. Both now and ever and to the
ages of ages. Amen.

All-holy Trinity, have mercy on us.
Lord, forgive our sins. Master, pardon our
transgressions. Holy One, visit and heal our
infirmities for your name's sake.

Lord, have mercy. Lord, have mercy.
Lord, have mercy.

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι.
Καὶ νῦν καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν
αἰώνων. Ἀμήν.

Πάτερ ἡμῶν ὁ ἐν τοῖς οὐρανοῖς,
ἁγιασθήτω τὸ ὄνομά σου. Ἐλθέτω ἡ
βασιλεία σου. Γενηθήτω τὸ θέλημά σου,
ὡς ἐν οὐρανῷ καὶ ἐπὶ τῆς γῆς. Τὸν ἄρτον
ἡμῶν τὸν ἐπιούσιον δὸς ἡμῖν σήμερον. Καὶ
ἄφες ἡμῖν τὰ ὀφειλήματα ἡμῶν, ὡς καὶ
ἡμεῖς ἀφίεμεν τοῖς ὀφειλέταις ἡμῶν. Καὶ μὴ
εἰσενέγκῃς ἡμᾶς εἰς πειρασμόν, ἀλλὰ ρῦσαι
ἡμᾶς ἀπὸ τοῦ πονηροῦ.

ΙΕΡΕΥΣ

Ὅτι σοῦ ἐστὶν ἡ βασιλεία καὶ ἡ δύναμις
καὶ ἡ δόξα τοῦ Πατρὸς καὶ τοῦ Υἱοῦ καὶ τοῦ
Ἁγίου Πνεύματος, νῦν καὶ ἀεὶ καὶ εἰς τοὺς
αἰῶνας τῶν αἰώνων.

ΑΝΑΓΝΩΣΤΗΣ

Ἀμήν.

Κύριε, ἐλέησον. (ιβ')

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι.
Καὶ νῦν καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν
αἰώνων. Ἀμήν.

Δεῦτε προσκυνήσωμεν καὶ
προσπέσωμεν τῷ Βασιλεῖ ἡμῶν Θεῷ.

Δεῦτε προσκυνήσωμεν καὶ
προσπέσωμεν Χριστῷ τῷ Βασιλεῖ ἡμῶν
Θεῷ.

Δεῦτε προσκυνήσωμεν καὶ
προσπέσωμεν αὐτῷ, Χριστῷ τῷ Βασιλεῖ καὶ
Θεῷ ἡμῶν.

Ψαλμὸς ΙΘ' (19).

Ἐπακούσαι σου Κύριος ἐν ἡμέρᾳ
θλίψεως, ὑπερασπίσαι σου τὸ ὄνομα τοῦ
Θεοῦ Ἰακώβ. Ἐξαποστείλαι σοι βοήθειαν

Glory to the Father and the Son and the
Holy Spirit. Both now and ever and to the
ages of ages. Amen.

Our Father, who art in heaven, hallowed
be Thy name. Thy kingdom come, Thy will
be done, on earth as it is in heaven. Give us
this day our daily bread; and forgive us our
trespasses, as we forgive those who trespass
against us. And lead us not into temptation,
but deliver us from evil.

PRIEST

For Thine is the Kingdom and the power
and the glory, of the Father and of the Son
and of the Holy Spirit, now and forever and to
the ages of ages.

READER

Amen.

Lord, have mercy. (12)

Glory to the Father and the Son and the
Holy Spirit. Both now and ever and to the
ages of ages. Amen.

Come, let us worship and bow down
before God our King.

Come, let us worship and bow down
before Christ God our King.

Come, let us worship and bow down
before Him, Christ our King and God.

Psalms 19 (20).

The Lord answer you in the day of
trouble! The name of the God of Jacob
protect you! May he send you help from

ἐξ ἁγίου, καὶ ἐκ Σιών ἀντιλάβοιτό σου.
Μνησθεὶ πάσης θυσίας σου, καὶ τὸ
ὄλοκαύτωμά σου πιανάτω. Δώη σοι Κύριος
κατὰ τὴν καρδίαν σου, καὶ πᾶσαν τὴν
βουλήν σου πληρῶσαι. Ἀγαλλιασόμεθα
ἐν τῷ σωτηρίῳ σου, καὶ ἐν ὀνόματι Θεοῦ
ἡμῶν μεγαλυνθησόμεθα. Πληρῶσαι
Κύριος πάντα τὰ αἰτήματά σου. Νῦν
ἔγνων ὅτι ἔσωσε Κύριος τὸν χριστὸν
αὐτοῦ· ἐπακούσεται αὐτοῦ ἐξ οὐρανοῦ
ἁγίου αὐτοῦ· ἐν δυναστείαις ἢ σωτηρία
τῆς δεξιᾶς αὐτοῦ. Οὗτοι ἐν ἄρμασιν καὶ
οὔτοι ἐν ἵπποις, ἡμεῖς δὲ ἐν ὀνόματι Κυρίου
Θεοῦ ἡμῶν μεγαλυνθησόμεθα. Αὐτοὶ
συνεποδίσθησαν καὶ ἔπεσαν, ἡμεῖς δὲ
ἀνέστημεν καὶ ἀνωρθώθημεν. Κύριε, σῶσον
τὸν βασιλέα, καὶ ἐπάκουσον ἡμῶν ἐν ἡ ἂν
ἡμέρᾳ ἐπικαλεσώμεθά σε.

Ψαλμὸς Κ' (20).

Κύριε, ἐν τῇ δυνάμει σου
εὐφρανθήσεται ὁ βασιλεὺς καὶ ἐπὶ τῷ
σωτηρίῳ σου ἀγαλλιάσεται σφόδρα. Τὴν
ἐπιθυμίαν τῆς καρδίας αὐτοῦ ἔδωκας αὐτῷ
καὶ τὴν θέλησιν τῶν χειλέων αὐτοῦ οὐκ
ἐστέρησας αὐτόν. Ὅτι προέφθασας αὐτόν
ἐν εὐλογίαις χρηστότητος, ἔθηκας ἐπὶ
τὴν κεφαλὴν αὐτοῦ στέφανον ἐκ λίθου
τιμίου. Ζωὴν ἠτήσατό σε, καὶ ἔδωκας αὐτῷ,
μακρότητα ἡμερῶν εἰς αἰῶνα αἰῶνος.
Μεγάλη ἡ δόξα αὐτοῦ ἐν τῷ σωτηρίῳ σου,
δόξαν καὶ μεγαλοπρέπειαν ἐπιθήσεις ἐπ'
αὐτόν. Ὅτι δώσεις αὐτῷ εὐλογίαν εἰς αἰῶνα
αἰῶνος, εὐφρανεῖς αὐτόν ἐν χαρᾷ μετὰ
τοῦ προσώπου σου. Ὅτι ὁ βασιλεὺς ἐλπίζει
ἐπὶ Κύριον καὶ ἐν τῷ ἐλέει τοῦ ὑψίστου
οὐ μὴ σαλευθῆ. Εὐρεθεὶ ἡ χεὶρ σου πᾶσι
τοῖς ἐχθροῖς σου, ἡ δεξιὰ σου εὗροι πάντας
τοὺς μισοῦντάς σε. Ὅτι θήσεις αὐτούς εἰς

the sanctuary, and give you support
from Zion! May he remember all
your offerings, and regard with favor
your burnt sacrifices! May he grant
you your heart's desire, and fulfill all
your plans! May we shout for joy
over your victory, and in the name of
our God set up our banners! May
the Lord fulfill all your petitions!
Now I know that the Lord will help
His anointed; He will answer him
from his holy heaven with mighty
victories by his right hand. Some
boast of chariots, and some of
horses; but we boast of the name of
the Lord our God. They will collapse
and fall; but we shall rise and stand
upright. Give victory to the king, O
Lord; answer us when we call. (RSV)

Psalm 20 (21).

In Your strength the king
rejoices, O Lord; and in Your help
how greatly he exults! You have
given him his heart's desire, and have
not withheld the request of his lips.
For You meet him with goodly
blessings; You set a crown of fine
gold upon his head. He asked life of
You; You gave it to him, length of
days for ever and ever. His glory is
great through Your help; splendor
and majesty You bestow upon him.
Yes, You make him most blessed for
ever; You make him glad with the joy
of Your presence. For the king trusts
in the Lord; and through the steadfast
love of the Most High he shall not be
moved. Your hand will find out all
Your enemies; Your right hand will
find out those who hate You. You will

κλίβανον πυρὸς εἰς καιρὸν τοῦ προσώπου σου. Κύριος ἐν ὀργῇ αὐτοῦ συνταράξει αὐτούς, καὶ καταφάγεται αὐτούς πῦρ. Τὸν καρπὸν αὐτῶν ἀπὸ γῆς ἀπολεῖς καὶ τὸ σπέρμα αὐτῶν ἀπὸ υἰῶν ἀνθρώπων. Ὅτι ἔκλιναν εἰς σὲ κακά, διελογίσαντο βουλάς, αἷς οὐ μὴ δύνωνται στήναι. Ὅτι θήσεις αὐτούς νῶτον· ἐν τοῖς περιλοίποις σου ἐτοιμάσεις τὸ πρόσωπον αὐτῶν. Ὑψώθητι, Κύριε, ἐν τῇ δυνάμει σου· ἄσομεν καὶ ψαλοῦμεν τὰς δυναστείας σου.

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι.
Καὶ νῦν καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Τρισάγιον.

Ἅγιος ὁ Θεός, ἅγιος Ἰσχυρός, ἅγιος Ἀθάνατος, ἐλέησον ἡμᾶς. (ἐκ γ')

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι.
Καὶ νῦν καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Παναγία Τριάς, ἐλέησον ἡμᾶς. Κύριε, ἰλάσθητι ταῖς ἁμαρτίαις ἡμῶν. Δέσποτα, συγχώρησον τὰς ἀνομίας ἡμῖν. Ἄγιε, ἐπίσκεψαι καὶ ἴασαι τὰς ἀσθενείας ἡμῶν, ἕνεκεν τοῦ ὀνόματός σου.

Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι.
Καὶ νῦν καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Πάτερ ἡμῶν ὁ ἐν τοῖς οὐρανοῖς, ἁγιασθήτω τὸ ὄνομά σου. Ἐλθέτω ἡ βασιλεία σου. Γενηθήτω τὸ θέλημά σου, ὡς ἐν οὐρανῷ καὶ ἐπὶ τῆς γῆς. Τὸν ἄρτον ἡμῶν τὸν ἐπιούσιον δὸς ἡμῖν σήμερον. Καὶ ἄφες ἡμῖν τὰ ὀφειλήματα ἡμῶν, ὡς καὶ

make them as a blazing oven when You appear. The Lord will swallow them up in His wrath; and fire will consume them. You will destroy their offspring from the earth, and their children from among the sons of men. If they plan evil against You, if they devise mischief, they will not succeed. For You will put them to flight; You will aim at their faces with your bows. Be exalted, O Lord, in Your strength! We will sing and praise Your power. (RSV)

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Trisagion Prayers.

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3)

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

All-holy Trinity, have mercy on us. Lord, forgive our sins. Master, pardon our transgressions. Holy One, visit and heal our infirmities for your name's sake.

Lord, have mercy. Lord, have mercy. Lord, have mercy.

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Our Father, who art in heaven, hallowed be Thy name. Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass

ἡμεῖς ἀφίεμεν τοῖς ὀφειλέταις ἡμῶν. Καὶ μὴ εἰσενέγκῃς ἡμᾶς εἰς πειρασμόν, ἀλλὰ ρῦσαι ἡμᾶς ἀπὸ τοῦ πονηροῦ.

ΙΕΡΕΥΣ

Ὅτι σοῦ ἐστὶν ἡ βασιλεία καὶ ἡ δύναμις καὶ ἡ δόξα τοῦ Πατρὸς καὶ τοῦ Υἱοῦ καὶ τοῦ Ἁγίου Πνεύματος, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

ΑΝΑΓΝΩΣΤΗΣ

Ἀμήν.

Σῶσον, Κύριε, τὸν λαὸν σου καὶ εὐλόγησον τὴν κληρονομίαν σου, νίκας τοῖς βασιλεῦσι κατὰ βαρβάρων δωρούμενος, καὶ τὸ σὸν φυλάττων διὰ τοῦ Σταυροῦ σου πολίτευμα.

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι.

Ὁ ὑψωθεὶς ἐν τῷ Σταυρῷ ἐκουσίως, τῇ ἐπωνύμῳ σου καινῇ πολιτείᾳ τοὺς οἰκτιρομένους σου δώρησαι, Χριστέ ὁ Θεός· εὐφρανὸν ἐν τῇ δυνάμει σου τοὺς πιστοὺς βασιλεῖς ἡμῶν, νίκας χορηγῶν αὐτοῖς κατὰ τῶν πολεμίων· τὴν συμμαχίαν ἔχοιεν τὴν σὴν, ὄπλον εἰρήνης, ἀήττητον τρόπαιον.

Καὶ νῦν καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Προστασία φοβερὰ καὶ ἀκαταίσχυντε, μὴ παρίδῃς, Ἀγαθή, τὰς ἱκεσίας ἡμῶν, πανύμνητε Θεοτόκε· στήριξον Ὁρθοδόξων πολιτείαν, σῶζε οὖς ἐκέλευσας βασιλεύειν, καὶ χορηγῇ αὐτοῖς οὐρανόθεν τὴν νίκην· διότι ἔτεκες τὸν Θεόν, μόνη εὐλογημένη.

against us. And lead us not into temptation, but deliver us from evil.

PRIEST

For Thine is the Kingdom and the power and the glory, of the Father and of the Son and of the Holy Spirit, now and forever and to the ages of ages.

READER

Amen.

Save, O Lord, Your people and bless Your inheritance, granting victory to the faithful over the enemy, and by Your Cross protecting Your commonwealth.

Glory to the Father and the Son and the Holy Spirit.

You who were lifted on the cross voluntarily, * O Christ our God, bestow Your tender compassions * upon Your new community to which You gave Your name. * Cause our faithful emperors to be glad in Your power, * granting them the victories against their adversaries. * And for an ally, Lord, may they have You, * peace as their armor, the trophy invincible.

Both now and ever and to the ages of ages. Amen.

O awesome and unshamable Protection, O good and praiseworthy Theotokos, do not despise our petitions; make firm the community of the Orthodox; save those whom you have called to rule; grant them victory from heaven, for you gave birth to God and are truly blessed.

ΙΕΡΕΥΣ

Ἐλέησον ἡμᾶς ὁ Θεὸς κατὰ τὸ μέγα ἔλεός Σου, δεόμεθά Σου, ἐπάκουσον καὶ ἐλέησον.

(Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.)

Ἔτι δεόμεθα ὑπὲρ τῶν εὐσεβῶν καὶ ὀρθοδόξων χριστιανῶν.

(Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.)

Ἔτι δεόμεθα ὑπὲρ τοῦ (ἀρχιερατικοῦ βαθμοῦ) ἡμῶν (τοῦ δεῖνος).

(Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.)

Ὅτι ἐλεήμων καὶ φιλόανθρωπος Θεὸς ὑπάρχεις, καὶ σοὶ τὴν δόξαν ἀναπέμπομεν, τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ Ἁγίῳ Πνεύματι, νῦν καὶ αἰεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

ΨΑΛΤΗΣ

Ἀμήν. Ἐν ὀνόματι Κυρίου εὐλόγησον, Πάτερ.

ΙΕΡΕΥΣ

Δόξα τῇ ἀγία καὶ ὁμοουσίῳ καὶ ζωοποιῷ καὶ ἀδιαιρέτῳ Τριάδι, πάντοτε, νῦν καὶ αἰεὶ, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

(Ἀμήν.)

ΑΝΑΓΝΩΣΤΗΣ

Ὁ Ἑξάψαλμος.

Δόξα ἐν ὑψίστοις Θεῷ καὶ ἐπὶ γῆς εἰρήνη, ἐν ἀνθρώποις εὐδοκία. *(ἐκ γ')*

Κύριε, τὰ χεῖλη μου ἀνοίξεις, καὶ τὸ στόμα μου ἀναγγελεῖ τὴν αἴνεσίν σου. *(δίς)*

Ψαλμὸς Γ' (3).

Κύριε, τί ἐπληθύνθησαν οἱ θλίβοντές με; Πολλοὶ ἐπανίστανται ἐπ' ἐμέ. Πολλοὶ λέγουσι τῇ ψυχῇ μου· Οὐκ ἔστι σωτηρία αὐτῷ ἐν τῷ Θεῷ αὐτοῦ. Σὺ δέ, Κύριε,

PRIEST

Have mercy on us, O God, according to Your great mercy, we pray You, hear us and have mercy.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Let us pray for pious and Orthodox Christians.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

Again we pray for (episcopal rank) (name).

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

For You are a merciful God Who loves mankind, and to You we offer up glory, to the Father and to the Son and to the Holy Spirit, now and forever and to the ages of ages.

CHANTER

Amen. In the name of the Lord, Father, bless!

PRIEST

Glory to the holy and consubstantial, and life giving, and undivided Trinity, always, now and forever and to the ages of ages.

(Amen.)

READER

The Six Psalms.

Glory to God in the highest, and on earth peace, good will among men. *(3)*

O Lord, You shall open my lips, and my mouth will declare Your praise. *(2)*

Psalms 3.

O Lord, how many are my foes! Many are rising against me; many are saying of me, there is no help for him in God. But You, O Lord, are a shield about me, my

ἀντιλήπτωρ μου εἶ, δόξα μου καὶ ὑψῶν
τὴν κεφαλὴν μου. Φωνῆ μου πρὸς Κύριον
ἐκέκραξα, καὶ ἐπήκουσέ μου ἐξ ὄρους
ἀγίου αὐτοῦ. Ἐγὼ δὲ ἐκοιμήθην καὶ
ὑπνώσα· ἐξηγέρθην, ὅτι Κύριος ἀντιλήψεταιί
μου. Οὐ φοβηθήσομαι ἀπὸ μυριάδων
λαοῦ τῶν κύκλω συνεπιτιθεμένων μοι.
Ἀνάστα, Κύριε, σῶσόν με ὁ Θεός μου, ὅτι σὺ
ἐπάταξας πάντα τοὺς ἐχθραίνοντάς μοι
ματαίως, ὀδόντας ἀμαρτωλῶν συνέτριψας.
Τοῦ Κυρίου ἡ σωτηρία, καὶ ἐπὶ τὸν λαόν σου
ἡ εὐλογία σου.

Ἐγὼ ἐκοιμήθην καὶ ὑπνώσα· ἐξηγέρθην,
ὅτι Κύριος ἀντιλήψεταιί μου.

Ψαλμὸς ΛΖ' (37).

Κύριε, μὴ τῷ θυμῷ σου ἐλέγξης με,
μηδὲ τῇ ὀργῇ σου παιδεύσης με. Ὅτι τὰ
βέλη σου ἐνεπάγησάν μοι, καὶ ἐπεστήριξας
ἐπ' ἐμὲ τὴν χειρὰ σου. Οὐκ ἔστιν ἴασις ἐν
τῇ σαρκί μου ἀπὸ προσώπου τῆς ὀργῆς
σου, οὐκ ἔστιν εἰρήνη ἐν τοῖς ὀστέοις μου
ἀπὸ προσώπου τῶν ἀμαρτιῶν μου. Ὅτι αἱ
ἀνομίαι μου ὑπερῆραν τὴν κεφαλὴν μου,
ὡσεὶ φορτίον βαρὺ ἐβαρύνθησαν ἐπ' ἐμέ.
Προσώζεσαν καὶ ἐσάπησαν οἱ μῶλωπές
μου ἀπὸ προσώπου τῆς ἀφροσύνης μου.
Ἐταλαιπώρησα καὶ κατεκάμφθην ἕως
τέλους, ὅλην τὴν ἡμέραν σκυθρωπάζων
ἐπορευόμην. Ὅτι αἱ ψόαι μου ἐπλήσθησαν
ἐμπαιγμάτων, καὶ οὐκ ἔστιν ἴασις ἐν τῇ
σαρκί μου. Ἐκακώθην καὶ ἐταπεινώθην
ἕως σφόδρα, ὠρῶμην ἀπὸ στεναγμοῦ
τῆς καρδίας μου. Κύριε, ἐναντίον σου
πᾶσα ἡ ἐπιθυμία μου, καὶ ὁ στεναγμός
μου ἀπὸ σοῦ οὐκ ἀπεκρύβη. Ἡ καρδία μου
ἐταράχθη, ἐγκατέλιπέ με ἡ ἰσχὺς μου,
καὶ τὸ φῶς τῶν ὀφθαλμῶν μου καὶ αὐτὸ

glory, and the lifter of my head. I cry
aloud to the Lord, and He answers me
from His holy hill. I lie down and sleep; I
wake again, for the Lord sustains me. I
am not afraid of ten thousands of people
who have set themselves against me
round about. Arise, O Lord! Deliver me,
O my God! For You smite all my enemies
on the cheek, You break the teeth of the
wicked. Deliverance belongs to the Lord;
Your blessing be upon Your people! (RSV)

I lie down and sleep; I wake again, for
the Lord sustains me.

Psalms 37 (38).

O Lord, rebuke me not in Your
anger, nor chasten me in Your wrath
For Your arrows have sunk into me, and
Your hand has come down on me. There
is no soundness in my flesh because of
Your indignation; there is no health in
my bones because of my sin. For my
iniquities have gone over my head; they
weigh like a burden too heavy for me.
My wounds grow foul and fester
because of my foolishness, I am utterly
bowed down and prostrate; all the day I
go about mourning. For my loins are
filled with burning, and there is no
soundness in my flesh. I am utterly
spent and crushed; I groan because of
the tumult of my heart. Lord, all my
longing is known to You, my sighing is
not hidden from You. My heart throbs,
my strength fails me; and the light of my
eyes—it also has gone from me. My
friends and companions stand aloof
from my plague, and my kinsmen stand
afar off. Those who seek my life lay

οὐκ ἔστι μετ' ἐμοῦ. Οἱ φίλοι μου καὶ οἱ πλησίον μου ἐξεναντίας μου ἤγγισαν καὶ ἔστησαν, καὶ οἱ ἐγγιστά μου ἀπὸ μακρόθεν ἔστησαν. Καὶ ἐξεβιάζοντο οἱ ζητοῦντες τὴν ψυχὴν μου, καὶ οἱ ζητοῦντες τὰ κακά μοι ἐλάλησαν ματαιότητος, καὶ δολιότητος ὅλην τὴν ἡμέραν ἐμελέτησαν. Ἐγὼ δὲ ὡσεὶ κωφὸς οὐκ ἤκουον καὶ ὡσεὶ ἄλαλος οὐκ ἀνοίγων τὸ στόμα αὐτοῦ. Καὶ ἐγενόμην ὡσεὶ ἄνθρωπος οὐκ ἀκούων καὶ οὐκ ἔχων ἐν τῷ στόματι αὐτοῦ ἐλεγμούς. Ὅτι ἐπὶ σοί, Κύριε, ἤλπισα· σὺ εἰσακούση, Κύριε ὁ Θεός μου. Ὅτι εἶπον· Μήποτε ἐπιχαρῶσί μοι οἱ ἐχθροί μου· καὶ ἐν τῷ σαλευθῆναι πόδας μου ἐπ' ἐμὲ ἐμεγαλορρημόνησαν. Ὅτι ἐγὼ εἰς μάστιγας ἔτοιμος, καὶ ἡ ἀλγηδὼν μου ἐνώπιόν μου ἔστι διὰ παντός. Ὅτι τὴν ἀνομίαν μου ἐγὼ ἀναγγελῶ καὶ μεριμνήσω ὑπὲρ τῆς ἁμαρτίας μου. Οἱ δὲ ἐχθροί μου ζῶσι καὶ κεκραταίωvται ὑπὲρ ἐμέ, καὶ ἐπληθύνθησαν οἱ μισοῦντές με ἀδίκως. Οἱ ἀνταποδίδοντές μοι κακὰ ἀντὶ ἀγαθῶν ἐνδιέβαλλόν με, ἐπεὶ κατεδίωκον ἀγαθωσύνην. Μὴ ἐγκαταλίπης με, Κύριε ὁ Θεός μου, μὴ ἀποστῆς ἀπ' ἐμοῦ. Πρόσχευ εἰς τὴν βοήθειάν μου, Κύριε τῆς σωτηρίας μου.

Μὴ ἐγκαταλίπης με, Κύριε· ὁ Θεός μου, μὴ ἀποστῆς ἀπ' ἐμοῦ· Πρόσχευ εἰς τὴν βοήθειάν μου, Κύριε τῆς σωτηρίας μου.

Ψαλμὸς ΕΒ' (62).

Ὁ Θεὸς ὁ Θεός μου, πρὸς σὲ ὀρθρίζω. Ἐδίψησέ σε ἡ ψυχὴ μου, ποσαπλῶς σοὶ ἡ σὰρξ μου, ἐν γῆ ἐρήμῳ καὶ ἀβάτῳ καὶ ἀνύδρῳ. Οὕτως ἐν τῷ ἁγίῳ ὤφθην σοὶ τοῦ ἰδεῖν τὴν δύναμίν σου καὶ τὴν δόξαν σου. Ὅτι κρεῖσσον τὸ ἔλεός σου ὑπὲρ ζωᾶς· τὰ

their snares, those who seek my hurt speak of ruin, and meditate treachery all the day long. But I am like a deaf man, I do not hear, like a dumb man who does not open his mouth. Yes, I am like a man who does not hear, and in whose mouth are no rebukes. But for You, O Lord, do I wait ; it is You, O Lord my God, who will answer. For I pray, "Only let them not rejoice over me, who boast against me when my foot slips!" For I am ready to fall, and my pain is ever with me. I confess my iniquity, I am sorry for my sin. Those who are my foes without cause are mighty, and many are those who hate me wrongfully. Those who render me evil for good are my adversaries because I follow after good. Do not forsake me, O Lord! O my God, be not far from me! Make haste to help me, O Lord, my salvation! (RSV)

Do not forsake me, O Lord! O my God, be not far from me! Make haste to help me, O Lord, my salvation!

Psalm 62 (63).

O God, You are my God, I seek You, my soul thirsts for You; my flesh faints for You, as in a dry and weary land where no water is. So I have looked upon You in the sanctuary, beholding Your power and glory. Because Your steadfast love is better than life,

χείλη μου ἐπαινέσουσί σε. Οὕτως εὐλογήσω σε ἐν τῇ ζωῇ μου, καὶ ἐν τῷ ὀνόματί σου ἀρῶ τὰς χεῖράς μου. Ὡς ἐκ στέατος καὶ πιότητος ἐμπλησθείη ἡ ψυχὴ μου, καὶ χεῖλη ἀγαλλιάσεως αἰνέσει τὸ στόμα μου. Εἰ ἐμνημόνευόν σου ἐπὶ τῆς στρωμνῆς μου, ἐν τοῖς ὄρθροις ἐμελέτων εἰς σέ· ὅτι ἐγενήθης βοηθός μου, καὶ ἐν τῇ σκέπη τῶν πτερυγῶν σου ἀγαλλιάσομαι. Ἐκολλήθη ἡ ψυχὴ μου ὀπίσω σου, ἐμοῦ δὲ ἀντελάβετο ἡ δεξιὰ σου. Αὐτοὶ δὲ εἰς μάτην ἐζήτησαν τὴν ψυχὴν μου, εἰσελεύσονται εἰς τὰ κατώτατα τῆς γῆς· παραδοθήσονται εἰς χεῖρας ρομφαίας, μερίδες ἀλωπέκων ἔσσονται. Ὁ δὲ βασιλεὺς εὐφρανθήσεται ἐπὶ τῷ Θεῷ, ἐπαινεθήσεται πᾶς ὁ ὀμνύων ἐν αὐτῷ, ὅτι ἐνεφράγη στόμα λαλούντων ἄδικα.

Ἐν τοῖς ὄρθροις ἐμελέτων εἰς σέ· ὅτι ἐγενήθης βοηθός μου, καὶ ἐν τῇ σκέπη τῶν πτερυγῶν σου ἀγαλλιάσομαι. Ἐκολλήθη ἡ ψυχὴ μου ὀπίσω σου, ἐμοῦ δὲ ἀντελάβετο ἡ δεξιὰ σου.

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι. Καὶ νῦν καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Ἀλληλούϊα. Ἀλληλούϊα. Ἀλληλούϊα. Δόξα σοι, ὁ Θεός.

Ἀλληλούϊα. Ἀλληλούϊα. Ἀλληλούϊα. Δόξα σοι, ὁ Θεός.

Ἀλληλούϊα. Ἀλληλούϊα. Ἀλληλούϊα. Δόξα σοι, ὁ Θεός.

Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.

my lips will praise You. So I will bless You as long as I live; I will lift up my hands and call on Your name. My soul is feasted as with marrow and fat, and my mouth praises You with joyful lips, when I think of You upon my bed, and meditate on You in the watches of the night; for You have been my help, and in the shadow of Your wings I sing for joy. My soul clings to You; Your right hand upholds me. But those who seek to destroy my life shall go down into the depths of the earth; they shall be given over to the power of the sword, they shall be prey for jackals. But the king shall rejoice in God; all who swear by Him shall glory; for the mouths of liars will be stopped. (RSV)

I think of You upon my bed, and meditate on You in the watches of the night; for You have been my help, and in the shadow of Your wings I sing for joy. My soul clings to You; Your right hand upholds me.

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Alleluia. Alleluia. Alleluia. Glory to You, O God.

Alleluia. Alleluia. Alleluia. Glory to You, O God.

Alleluia. Alleluia. Alleluia. Glory to You, O God.

Lord, have mercy. Lord, have mercy. Lord, have mercy.

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι.
Καὶ νῦν καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν
αἰῶνων. Ἀμήν.

Ψαλμὸς ΠΖ' (87)

Κύριε ὁ Θεὸς τῆς σωτηρίας μου, ἡμέρας
ἐκέκραξα καὶ ἐν νυκτὶ ἐναντίον σου.
Εἰσελθέτω ἐνώπιόν σου ἡ προσευχή μου,
κλῖνον τὸ οὖς σου εἰς τὴν δέησίν μου.
Ὅτι ἐπλήσθη κακῶν ἡ ψυχή μου, καὶ ἡ
ζωή μου τῷ ἄδη ἤγγισε. Προσελογίσθην
μετὰ τῶν καταβαινόντων εἰς λάκκον,
ἐγενήθην ὡσεὶ ἄνθρωπος ἀβοήθητος,
ἐν νεκροῖς ἐλεύθερος, ὡσεὶ τραυματῆαι
καθεύδοντες ἐν τάφῳ, ὧν οὐκ ἐμνήσθης ἔτι,
καὶ αὐτοὶ ἐκ τῆς χειρὸς σου ἀπόσθησαν.
Ἔθεντό με ἐν λάκκῳ κατωτάτῳ, ἐν
σκοτεινοῖς καὶ ἐν σκιᾷ θανάτου. Ἐπ' ἐμὲ
ἐπεστηρίχθη ὁ θυμὸς σου, καὶ πάντα
τοὺς μετεωρισμούς σου ἐπήγαγες ἐπ' ἐμέ.
Ἐμάκρυνας τοὺς γνωστούς μου ἀπ' ἐμοῦ,
ἔθεντό με βδέλυγμα ἑαυτοῖς, παρεδόθην
καὶ οὐκ ἐξεπορευόμην. Οἱ ὀφθαλμοί μου
ἠσθένησαν ἀπὸ πτωχείας· ἐκέκραξα πρὸς
σέ, Κύριε, ὅλην τὴν ἡμέραν, διεπέτασα πρὸς
σὲ τὰς χεῖράς μου. Μὴ τοῖς νεκροῖς ποιήσεις
θαυμάσια; ἢ ἰατροὶ ἀναστήσουσι καὶ
ἐξομολογήσονται σοι; Μὴ διηγῆσεται τις
ἐν τῷ τάφῳ τὸ ἔλεός σου καὶ τὴν ἀλήθειάν
σου ἐν τῇ ἀπωλείᾳ; Μὴ γνωσθήσεται
ἐν τῷ σκότει τὰ θαυμάσιά σου καὶ ἡ
δικαιοσύνη σου ἐν γῆ ἐπιλεησμένη; Κἀγὼ
πρὸς σέ, Κύριε, ἐκέκραξα, καὶ τὸ πρωῒ ἡ
προσευχή μου προφθάσει σε. Ἴνα τί, Κύριε,
ἀπωθεῖς τὴν ψυχὴν μου, ἀποστρέφεις τὸ
πρόσωπόν σου ἀπ' ἐμοῦ; Πτωχὸς εἰμι ἐγὼ
καὶ ἐν κόποις ἐκ νεότητός μου, ὑψωθείς
δὲ ἐταπεινώθην καὶ ἐξηπορήθην. Ἐπ'
ἐμὲ διήλθον αἱ ὀργαί σου, οἱ φοβερισμοί

Glory to the Father and the Son and the
Holy Spirit. Both now and ever and to the
ages of ages. Amen.

Psalm 87 (88).

O Lord, my God, I call for help by
day; I cry out in the night before You.
Let my prayer come before You, incline
Your ear to my cry! For my soul is full of
troubles, and my life draws near to
Sheol. I am reckoned among those who
go down to the Pit; I am a man who has
no strength, like one forsaken among
the dead, like the slain that lie in the
grave, like those whom You remember
no more, for they are cut off from Your
hand. You have put me in the depths of
the Pit, in the regions dark and deep.
Your wrath lies heavy upon me, and You
overwhelm me with all Your waves. You
have caused my companions to shun me;
You have made me a thing of horror to
them. I am shut in so that I cannot
escape; my eye grows dim through
sorrow. Every day I call upon You, O
Lord; I spread out my hands to You. Do
You work wonders for the dead? Do the
shades rise up to praise You? Is Your
steadfast love declared in the grave, or
Your faithfulness in the land of
destruction? Are Your wonders known
in the darkness, or Your saving help in
the land of forgetfulness? But I, O Lord,
cry to You; in the morning my prayer
comes before You. O Lord, why do You
cast me off? Why do You hide Your face
from me? Afflicted and close to death
from my youth up, I suffer Your terrors;
I am helpless. Your wrath has swept
over me; Your dread assaults destroy me.
They surround me like a flood all day
long; they close in upon me together.
You have caused friend and neighbor to
shun me; my companions are in
darkness.

(RSV)

σου ἐξετάραξάν με, ἐκύκλωσάν με ὡσεὶ
ὔδωρ ὅλην τὴν ἡμέραν, περιέσχον με ἅμα.
Ἐμάκρυνας ἀπ' ἐμοῦ φίλον καὶ πλησίον, καὶ
τοὺς γνωστούς μου ἀπὸ ταλαιπωρίας.

Κύριε ὁ Θεὸς τῆς σωτηρίας μου, ἡμέρας
ἐκέκραξα καὶ ἐν νυκτὶ ἐναντίον σου.
Εἰσελθέτω ἐνώπιόν σου ἡ προσευχή μου,
κλῖνον τὸ οὖς σου εἰς τὴν δέησίν μου.

Ψαλμὸς PB' (102).

Εὐλόγει, ἡ ψυχὴ μου, τὸν Κύριον, καί,
πάντα τὰ ἐντός μου, τὸ ὄνομα τὸ ἅγιον
αὐτοῦ. Εὐλόγει, ἡ ψυχὴ μου, τὸν Κύριον, καὶ
μὴ ἐπιλανθάνου πάσας τὰς ἀνταποδόσεις
αὐτοῦ. Τὸν εὐλατεύοντα πάσας τὰς
ἀνομίας σου, τὸν ἰώμενον πάσας τὰς
νόσους σου. Τὸν λυτρούμενον ἐκ φθορᾶς
τὴν ζωῆν σου, τὸν στεφανοῦντά σε ἐν ἐλέει
καὶ οἰκτιρμοῖς. Τὸν ἐμπιπλῶντα ἐν ἀγαθοῖς
τὴν ἐπιθυμίαν σου, ἀνακαινισθήσεται ὡς
ἀετοῦ ἡ νεότης σου. Ποιῶν ἐλεημοσύνας ὁ
Κύριος καὶ κρῖμα πᾶσι τοῖς ἀδικουμένοις.
Ἐγνώρισε τὰς ὁδοὺς αὐτοῦ τῷ Μωϋσῆ,
τοῖς υἱοῖς Ἰσραὴλ τὰ θελήματα αὐτοῦ.
Οἰκτίρων καὶ ἐλεήμων ὁ Κύριος,
μακρόθυμος καὶ πολυέλεος· οὐκ εἰς τέλος
ὀργισθήσεται, οὐδὲ εἰς τὸν αἰῶνα μνησιεῖ. Οὐ
κατὰ τὰς ἀνομίας ἡμῶν ἐποίησεν ἡμῖν, οὐδὲ
κατὰ τὰς ἀμαρτίας ἡμῶν ἀνταπέδωκεν
ἡμῖν, ὅτι κατὰ τὸ ὕψος τοῦ οὐρανοῦ ἀπὸ
τῆς γῆς ἐκραταίωσε Κύριος τὸ ἔλεος
αὐτοῦ ἐπὶ τοὺς φοβουμένους αὐτόν. Καθ'
ὅσον ἀπέχουσιν ἀνατολαὶ ἀπὸ δυσμῶν,
ἐμάκρυνεν ἀφ' ἡμῶν τὰς ἀνομίας ἡμῶν.
Καθὼς οἰκτίζει πατὴρ υἱούς, ᾤκτιρησε
Κύριος τοὺς φοβουμένους αὐτόν, ὅτι αὐτὸς
ἔγνω τὸ πλάσμα ἡμῶν, ἐμνήσθη ὅτι χοῦς
ἐσμεν. Ἄνθρωπος, ὡσεὶ χόρτος αἱ ἡμέραι

O Lord, my God, I call for help by
day; I cry out in the night before You.
Let my prayer come before You, incline
Your ear to my cry!

Psalm 102 (103).

Bless the Lord, O my soul; and all that
is within me, bless His holy name! Bless
the Lord, O my soul, and forget not all His
benefits, who forgives all your iniquity,
who heals all your diseases, who redeems
your life from the Pit, who crowns you
with steadfast love and mercy, who
satisfies you with good as long as you live
so that your youth is renewed like the
eagle's. The Lord works vindication and
justice for all who are oppressed. He
made known his ways to Moses, His acts
to the people of Israel. The Lord is
merciful and gracious, slow to anger and
abounding in steadfast love. He will not
always chide, nor will He keep his anger
for ever. He does not deal with us
according to our sins, nor requite us
according to our iniquities. For as the
heavens are high above the earth, so great
is His steadfast love toward those who
fear Him; as far as the east is from the
west, so far does He remove our
transgressions from us. As a father pities
his children, so the Lord pities those who
fear Him. For he knows our frame; he
remembers that we are dust. As for man,
his days are like grass; he flourishes like a
flower of the field; for the wind passes
over it, and it is gone, and its place knows
it no more. But the steadfast love of the
Lord is from everlasting to everlasting

αὐτοῦ· ὡσεὶ ἄνθος τοῦ ἀγροῦ, οὕτως ἐξανθήσει. Ὅτι πνεῦμα διήλθεν ἐν αὐτῷ, καὶ οὐχ ὑπάρξει, καὶ οὐκ ἐπιγνώσεται ἔτι τὸν τόπον αὐτοῦ. Τὸ δὲ ἔλεος τοῦ Κυρίου ἀπὸ τοῦ αἰῶνος καὶ ἕως τοῦ αἰῶνος ἐπὶ τοὺς φοβουμένους αὐτόν, καὶ ἡ δικαιοσύνη αὐτοῦ ἐπὶ υἱοῖς υἰῶν, τοῖς φυλάσσουσι τὴν διαθήκην αὐτοῦ καὶ μεμνημένοι τῶν ἐντολῶν αὐτοῦ τοῦ ποιῆσαι αὐτάς. Κύριος ἐν τῷ οὐρανῷ ἠτοιμάσεν τὸν θρόνον αὐτοῦ, καὶ ἡ βασιλεία αὐτοῦ πάντων δεσπόζει. Εὐλογεῖτε τὸν Κύριον, πάντες οἱ Ἄγγελοι αὐτοῦ, δυνατοὶ ἰσχυῖ, ποιῶντες τὸν λόγον αὐτοῦ, τοῦ ἀκοῦσαι τῆς φωνῆς τῶν λόγων αὐτοῦ. Εὐλογεῖτε τὸν Κύριον, πᾶσαι αἱ Δυνάμεις αὐτοῦ, λειτουργοὶ αὐτοῦ, ποιῶντες τὸ θέλημα αὐτοῦ. Εὐλογεῖτε τὸν Κύριον, πάντα τὰ ἔργα αὐτοῦ, ἐν παντὶ τόπῳ τῆς δεσποτείας αὐτοῦ· εὐλόγει, ἡ ψυχὴ μου, τὸν Κύριον.

Ἐν παντὶ τόπῳ τῆς δεσποτείας αὐτοῦ· εὐλόγει, ἡ ψυχὴ μου, τὸν Κύριον.

Ψαλμὸς PMB' (142).

Κύριε, εἰσάκουσον τῆς προσευχῆς μου, ἐνώτισαι τὴν δέησίν μου ἐν τῇ ἀληθείᾳ σου, εἰσάκουσόν μου ἐν τῇ δικαιοσύνῃ σου· καὶ μὴ εἰσέλθῃς εἰς κρίσιν μετὰ τοῦ δούλου σου, ὅτι οὐ δικαιωθήσεται ἐνώπιόν σου πᾶς ζῶν. Ὅτι κατεδίωξεν ὁ ἐχθρὸς τὴν ψυχὴν μου, ἐταπείνωσεν εἰς γῆν τὴν ζωὴν μου, ἐκάθισέ με ἐν σκοτεινοῖς ὡς νεκροὺς αἰῶνος· καὶ ἠκηδίασεν ἐπ' ἐμέ τὸ πνεῦμά μου, ἐν ἐμοὶ ἐταράχθη ἡ καρδιά μου. Ἐμνήσθην ἡμερῶν ἀρχαίων, ἐμελέτησα ἐν πᾶσι τοῖς ἔργοις σου, ἐν ποιήμασι τῶν χειρῶν σου ἐμελέτων. Διεπέτασα πρὸς σὲ τὰς χεῖράς μου· ἡ ψυχὴ μου ὡς γῆ ἄνυδρός σοι. Ταχὺ εἰσάκουσόν

upon those who fear Him, and His righteousness to children's children, to those who keep His covenant and remember to do His commandments. The Lord has established His throne in the heavens, and His kingdom rules over all. Bless the Lord, O you His angels, you mighty ones who do His word, hearkening to the voice of His word! Bless the Lord, all His hosts, His ministers that do His will! Bless the Lord, all His works, in all places of His dominion. Bless the Lord, O my soul!

(RSV)

In all places of His dominion, bless the Lord, O my soul!

Psalms 142 (143).

Hear my prayer, O Lord; give ear to my supplications! In Your faithfulness answer me, in Your righteousness! Enter not into judgment with Your servant; for no man living is righteous before You. For the enemy has pursued me; he has crushed my life to the ground; he has made me sit in darkness like those long dead. Therefore my spirit faints within me; my heart within me is appalled. I remember the days of old, I meditate on all that You have done; I muse on what Your hands have wrought. I stretch out my hands to You; my soul thirsts for You like a

μου, Κύριε, ἐξέλιπε τὸ πνεῦμά μου. Μὴ ἀποστρέψῃς τὸ πρόσωπόν σου ἀπ' ἐμοῦ, καὶ ὁμοιωθῆσομαι τοῖς καταβαίνουσιν εἰς λάκκον. Ἀκουστὸν ποιήσον μοι τὸ πρωῒ τὸ ἔλεός σου, ὅτι ἐπὶ σοὶ ἠλπισα. Γνώρισόν μοι, Κύριε, ὁδόν, ἐν ἣ πορεύσομαι, ὅτι πρὸς σὲ ἤρα τὴν ψυχὴν μου. Ἐξελοῦ με ἐκ τῶν ἐχθρῶν μου, Κύριε, ὅτι πρὸς σὲ κατέφυγον. Δίδαξόν με τοῦ ποιεῖν τὸ θέλημά σου, ὅτι σὺ εἶ ὁ Θεός μου. Τὸ πνεῦμά σου τὸ ἀγαθὸν ὁδηγήσει με ἐν γῆ εὐθείᾳ· ἕνεκεν τοῦ ὀνόματός σου, Κύριε, ζήσεις με, ἐν τῇ δικαιοσύνῃ σου ἐξάξεις ἐκ θλίψεως τὴν ψυχὴν μου· καὶ ἐν τῷ ἔλεει σου ἐξολοθρεύσεις τοὺς ἐχθρούς μου καὶ ἀπολεῖς πάντα τοὺς θλίβοντας τὴν ψυχὴν μου, ὅτι ἐγὼ δοῦλός σου εἰμι.

Εἰσάκουσόν μου, Κύριε, ἐν τῇ δικαιοσύνῃ σου· καὶ μὴ εἰσέλθῃς εἰς κρίσιν μετὰ τοῦ δούλου σου.

Εἰσάκουσόν μου, Κύριε, ἐν τῇ δικαιοσύνῃ σου· καὶ μὴ εἰσέλθῃς εἰς κρίσιν μετὰ τοῦ δούλου σου.

Τὸ πνεῦμά σου τὸ ἀγαθὸν ὁδηγήσει με ἐν γῆ εὐθείᾳ.

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι. Καὶ νῦν καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Ἀλληλούϊα. Ἀλληλούϊα. Ἀλληλούϊα. Δόξα σοι, ὁ Θεός.

Ἀλληλούϊα. Ἀλληλούϊα. Ἀλληλούϊα. Δόξα σοι, ὁ Θεός.

(*chŭma*)

parched land. Make haste to answer me, O Lord! My spirit fails! Hide not Your face from me, lest I be like those who go down to the Pit. Let me hear in the morning of Your steadfast love, for in You I put my trust. Teach me the way I should go, for to You I lift up my soul. Deliver me, O Lord, from my enemies! I have fled to You for refuge! Teach me to do Your will, for You are my God! Let Your good spirit lead me on a level path! For Your name's sake, O Lord, preserve my life! In Your righteousness bring me out of trouble! And in Your steadfast love cut off my enemies, and destroy all my adversaries, for I am Your servant.

(RSV)

In Your faithfulness answer me, in Your righteousness! Enter not into judgment with Your servant.

In Your faithfulness answer me, in Your righteousness! Enter not into judgment with Your servant.

Let Your good spirit lead me on a level path!

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Alleluia. Alleluia. Alleluia. Glory to You, O God.

Alleluia. Alleluia. Alleluia. Glory to You, O God.

(*intoned*)

Ἀλληλούϊα. Ἀλληλούϊα. Ἀλληλούϊα.
Δόξα σοι, ὁ Θεός. Ἡ ἐλπίς ἡμῶν, Κύριε,
δόξα σοι.

ΙΕΡΕΥΣ/ΔΙΑΚΟΝΟΣ

Ἐν εἰρήνῃ τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ἐπεὶ τῆς ἄνωθεν εἰρήνης καὶ τῆς
σωτηρίας τῶν ψυχῶν ἡμῶν, τοῦ Κυρίου
δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ἐπεὶ τῆς εἰρήνης τοῦ σύμπαντος
κόσμου, εὐσταθείας τῶν ἁγίων τοῦ Θεοῦ
Ἐκκλησιῶν καὶ τῆς τῶν πάντων ἐνώσεως,
τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ἐπεὶ τοῦ ἁγίου οἴκου τούτου, καὶ τῶν
μετὰ πίστεως, εὐλαβείας καὶ φόβου Θεοῦ
εἰσιόντων ἐν αὐτῷ, τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ἐπεὶ τῶν εὐσεβῶν καὶ Ὁρθοδόξων
Χριστιανῶν, τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ἐπεὶ τοῦ (ἀρχιερατικοῦ βαθμοῦ) ἡμῶν
(τοῦ δεῖνος), τοῦ τιμίου πρεσβυτερίου, τῆς ἐν
Χριστῷ διακονίας, παντὸς τοῦ κλήρου καὶ
τοῦ λαοῦ, τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ἐπεὶ τοῦ εὐσεβοῦς ἡμῶν ἔθνους, καὶ
πάσης ἀρχῆς καὶ ἐξουσίας ἐν αὐτῷ, τοῦ
Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ἐπεὶ τῆς πόλεως ταύτης, πάσης
πόλεως, χώρας καὶ τῶν πιστεῖ οἰκούντων ἐν
αὐταῖς, τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Alleluia. Alleluia. Alleluia. Glory to You,
O God. Our hope, O Lord, glory to You.

PRIEST/DEACON

In peace, let us pray to the Lord.

(Lord, have mercy.)

For the peace from above and for the
salvation of our souls, let us pray to the Lord.

(Lord, have mercy.)

For the peace of the whole world, for the
stability of the holy churches of God, and for
the unity of all, let us pray to the Lord.

(Lord, have mercy.)

For this holy house and for those who
enter it with faith, reverence, and the fear of
God, let us pray to the Lord.

(Lord, have mercy.)

For pious and Orthodox Christians, let us
pray to the Lord.

(Lord, have mercy.)

For (episcopal rank) (name), for the
honorable presbyterate, for the diaconate in
Christ, and for all the clergy and the people,
let us pray to the Lord.

(Lord, have mercy.)

For our country, for the president, and for
all in public service, let us pray to the Lord.

(Lord, have mercy.)

For this city, and for every city and land,
and for the faithful who live in them, let us
pray to the Lord.

(Lord, have mercy.)

Ἵπὲρ εὐκρασίας ἀέρων, εὐφορίας τῶν καρπῶν τῆς γῆς, καὶ καιρῶν εἰρηνικῶν, τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ἵπὲρ πλεόντων, ὁδοιπορούντων, νοσούντων, καμνόντων, αἰχμαλώτων καὶ τῆς σωτηρίας αὐτῶν, τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ἵπὲρ τοῦ ῥυθθῆναι ἡμᾶς ἀπὸ πάσης θλίψεως, ὀργῆς, κινδύνου καὶ ἀνάγκης, τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ἀντιλαβοῦ, σῶσον, ἐλέησον καὶ διαφύλαξον ἡμᾶς ὁ Θεὸς τῆ σῆ χάριτι.

(Κύριε, ἐλέησον.)

Τῆς Παναγίας ἀχράντου, ὑπερευλογημένης, ἐνδόξου Δεσποίνης ἡμῶν Θεοτόκου καὶ ἀειπαρθένου Μαρίας μετὰ πάντων τῶν Ἁγίων μνημονεύσαντες, ἑαυτοὺς καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν ἡμῶν Χριστῷ τῷ Θεῷ παραθώμεθα.

(Σοί, Κύριε.)

ΙΕΡΕΥΣ

Ἵτι πρέπει σοι πᾶσα δόξα, τιμὴ καὶ προσκύνησις, τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ Ἁγίῳ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

(Ἀμήν.)

ΧΟΡΟΣ

Ἦχος πλ. δ'.

Στίχ. α'. Ἐκ νυκτὸς ὀρθρίζει τὸ πνεῦμά μου πρὸς σέ, ὁ Θεός, διότι φῶς τὰ προστάγματά σου ἐπὶ τῆς γῆς.

Ἀλληλουῖα. Ἀλληλουῖα. Ἀλληλουῖα.

For favorable weather, for an abundance of the fruits of the earth, and for peaceful times, let us pray to the Lord.

(Lord, have mercy.)

For those who travel by land, sea, and air, for the sick, the suffering, the captives and for their salvation, let us pray to the Lord.

(Lord, have mercy.)

For our deliverance from all affliction, wrath, danger, and necessity, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

PRIEST

For to You belong all glory, honor, and worship, to the Father and to the Son and to the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

CHOIR

Mode pl. 4.

Verse 1: My spirit rises early in the morning to You, O God, for Your commands are a light upon the earth. (SAAS)

Alleluia. Alleluia. Alleluia.

Στίχ. β'. Δικαιοσύνην μάθετε, οἱ ἐνοικοῦντες ἐπὶ τῆς γῆς.

Ἀλληλούϊα. Ἀλληλούϊα. Ἀλληλούϊα.

Στίχ. γ'. Ζῆλος λήψεται λαὸν ἀπαίδευτον, καὶ νῦν πῦρ τοὺς ὑπεναντίους ἔδεται.

Ἀλληλούϊα. Ἀλληλούϊα. Ἀλληλούϊα.

Στίχ. δ'. Πρόσθεε αὐτοῖς κακά, Κύριε, πρόσθεε αὐτοῖς κακά, τοῖς ἐνδόξοις τῆς γῆς.

Ἀλληλούϊα. Ἀλληλούϊα. Ἀλληλούϊα.

Τροπάριον. Ἦχος πλ. δ'.

Ἴδου ὁ Νυμφίος ἔρχεται ἐν τῷ μέσῳ τῆς νυκτός, καὶ μακάριος ὁ δοῦλος, ὃν εὐρήσει γρηγοροῦντα, ἀνάξιος δὲ πάλιν, ὃν εὐρήσει ῥαθυμοῦντα. Βλέπε οὖν ψυχῆ μου, μὴ τῷ ὕπνῳ κατενεχθῆς, ἵνα μὴ τῷ θανάτῳ παραδοθῆς, καὶ τῆς βασιλείας ἔξω κλεισθῆς· ἀλλὰ ἀνάνησον κράζουσα· Ἅγιος, ἅγιος εἶ ὁ Θεός ἡμῶν. Προστασίαις τῶν Ἀσωμάτων σῶσον ἡμᾶς.

Δόξα.

Ἴδου ὁ Νυμφίος ἔρχεται ἐν τῷ μέσῳ τῆς νυκτός, καὶ μακάριος ὁ δοῦλος, ὃν εὐρήσει γρηγοροῦντα, ἀνάξιος δὲ πάλιν, ὃν εὐρήσει ῥαθυμοῦντα. Βλέπε οὖν ψυχῆ μου, μὴ τῷ ὕπνῳ κατενεχθῆς, ἵνα μὴ τῷ θανάτῳ παραδοθῆς, καὶ τῆς βασιλείας ἔξω κλεισθῆς· ἀλλὰ ἀνάνησον κράζουσα· Ἅγιος, ἅγιος εἶ ὁ Θεός ἡμῶν. Πρεσβείαις τῶν Ἁγίων σῶσον ἡμᾶς.

Καὶ νῦν.

Ἴδου ὁ Νυμφίος ἔρχεται ἐν τῷ μέσῳ τῆς νυκτός, καὶ μακάριος ὁ δοῦλος, ὃν

Verse 2: Learn righteousness, you who dwell on the earth. (SAAS)

Alleluia. Alleluia. Alleluia.

Verse 3: Jealousy will seize an untaught people; and now fire will devour the adversaries. (SAAS)

Alleluia. Alleluia. Alleluia.

Verse 4: Bring more evils on them, O Lord, bring more evils on them, on the glorious of the earth. (SAAS)

Alleluia. Alleluia. Alleluia.

Troparion. Mode pl. 4.

Behold, the Bridegroom is coming in the middle of the night; and blessed is the servant He shall find awake and watching; unworthy is the other He shall find being lazy. So beware, O soul of mine, be not overcome by sleep, so that you not be handed over to death and be shut out from the Kingdom. Come to your senses and cry aloud: Holy, holy, holy are You our God. By the protection of the Bodiless Hosts have mercy on us. (SD)

Glory.

Behold, the Bridegroom is coming in the middle of the night; and blessed is the servant He shall find awake and watching; unworthy is the other He shall find being lazy. So beware, O soul of mine, be not overcome by sleep, so that you not be handed over to death and be shut out from the Kingdom. Come to your senses and cry aloud: Holy, holy, holy are You our God. By the intercessions of the Saints save us. (SD)

Both now.

Behold, the Bridegroom is coming in the middle of the night; and blessed is the servant

εύρησει γρηγοροῦντα, ἀνάξιος δὲ πάλιν,
ὄν εὐρήσει ῥαθυμοῦντα. Βλέπε οὖν ψυχὴ
μου, μὴ τῷ ὕπνῳ κατενεχθῆς, ἵνα μὴ τῷ
θανάτῳ παραδοθῆς, καὶ τῆς βασιλείας
ἔξω κλεισθῆς· ἀλλὰ ἀνάνηψον κράζουσα·
Ἄγιος, ἅγιος, ἅγιος εἶ ὁ Θεὸς ἡμῶν. Διὰ τῆς
Θεοτόκου ἐλέησον ἡμᾶς.

ΔΙΑΚΟΝΟΣ

Ἐτι καὶ ἔτι ἐν εἰρήνῃ τοῦ Κυρίου
δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ἀντιλαβοῦ, σῶσον, ἐλέησον καὶ
διαφύλαξον ἡμᾶς ὁ Θεὸς τῆ σῆ χάριτι.

(Κύριε, ἐλέησον.)

Τῆς Παναγίας ἀχράντου,
ὑπερευλογημένης, ἐνδόξου Δεσποίνης
ἡμῶν Θεοτόκου καὶ ἀειπαρθένου Μαρίας
μετὰ πάντων τῶν Ἁγίων μνημονεύσαντες,
ἑαυτοὺς καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν
ἡμῶν Χριστῷ τῷ Θεῷ παραθώμεθα.

(Σοί, Κύριε.)

ΙΕΡΕΥΣ

Ὅτι σὸν τὸ κράτος καὶ σοῦ ἐστὶν
ἡ βασιλεία καὶ ἡ δύναμις καὶ ἡ δόξα,
τοῦ Πατρὸς καὶ τοῦ Υἱοῦ καὶ τοῦ Ἁγίου
Πνεύματος, νῦν καὶ αἰεὶ εἰς τοὺς αἰῶνας τῶν
αἰώνων.

(Ἀμήν.)

Τοῦ Τριωδίου ---

ΧΟΡΟΣ

Κάθισμα Α'.

Ἦχος α'. *Τὸν τάφον σου Σωτήρ.*

Τὰ πάθη τὰ σεπτὰ, ἡ παροῦσα ἡμέρα,
ὡς φῶτα σωστικά, ἀνατέλλει τῷ κόσμῳ·
Χριστὸς γὰρ ἐπείγεται, τοῦ παθεῖν
ἀγαθότητι· ὁ τὰ σύμπαντα, ἐν τῇ δρακί

He shall find awake and watching; unworthy
is the other He shall find being lazy. So
beware, O soul of mine, be not overcome by
sleep, so that you not be handed over to death
and be shut out from the Kingdom. Come to
your senses and cry aloud: Holy, holy, holy
are You our God. Through the Theotokos
have mercy on us. *(SD)*

DEACON

Again and again, in peace, let us pray to
the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and
protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure,
blessed, and glorious Lady, the Theotokos
and ever-virgin Mary, with all the saints, let
us commend ourselves and one another and
our whole life to Christ our God.

(To You, O Lord.)

PRIEST

For Yours is the dominion, and Yours is
the kingdom and the power and the glory,
of the Father and of the Son and of the Holy
Spirit, now and forever and to the ages of
ages.

(Amen.)

From Triodion ---

CHOIR

Kathisma I.

Mode 1. *The soldiers keeping watch.*

The present day presents the august holy
Passion * of Christ as lights that dawn on
the world for salvation. * For Christ, in His
goodness, goes now to suffer and die for us.
* He who holds all things within His hand

περιέχων, καταδέχεται, ἀναρτηθῆναι ἐν ξύλῳ, τοῦ σῶσαι τὸν ἄνθρωπον.

Δόξα· καὶ νῦν. **Τὸ αὐτό.**

Τὰ πάθη τὰ σεπτὰ, ἡ παροῦσα ἡμέρα, ὡς φῶτα σωστικά, ἀνατέλλει τῷ κόσμῳ· Χριστὸς γὰρ ἐπιείγεται, τοῦ παθεῖν ἀγαθότητι· ὁ τὰ σύμπαντα, ἐν τῇ δρακί περιέχων, καταδέχεται, ἀναρτηθῆναι ἐν ξύλῳ, τοῦ σῶσαι τὸν ἄνθρωπον.

Τοῦ Τριωδίου ---

Κάθισμα Β'.

Ἦχος α'. *Τὸν τάφον σου Σωτήρ.*

Ἀόρατε Κριτά, ἐν σαρκὶ πῶς ὠράθης, καὶ ἔρχη ὑπ' ἀνδρῶν, παρανόμων κτανθῆναι; ἡμῶν τὸ κατάκριμα, κατακρίνων τῷ πάθει σου. Ὅθεν αἰνεσιν, μεγαλωσύνην καὶ δόξαν, ἀναπέμποντες, τῇ ἐξουσίᾳ σου Λόγε, συμφώνως προσφέρομεν.

Δόξα· καὶ νῦν. **Τὸ αὐτό.**

Ἀόρατε Κριτά, ἐν σαρκὶ πῶς ὠράθης, καὶ ἔρχη ὑπ' ἀνδρῶν, παρανόμων κτανθῆναι; ἡμῶν τὸ κατάκριμα, κατακρίνων τῷ πάθει σου. Ὅθεν αἰνεσιν, μεγαλωσύνην καὶ δόξαν, ἀναπέμποντες, τῇ ἐξουσίᾳ σου Λόγε, συμφώνως προσφέρομεν.

Κάθισμα Γ'.

Τοῦ Τριωδίου ---

Ἦχος πλ. δ'. *Τὴν Σοφίαν καὶ Λόγον.*

Τῶν παθῶν τοῦ Κυρίου τὰς ἀπαρχάς, ἡ παροῦσα ἡμέρα λαμπροφορεῖ. Δεῦτε οὖν φιλέορτοι, ὑπαντήσωμεν ἄσμασιν· ὁ γὰρ Κτίστης ἔρχεται, σταυρὸν καταδέξασθαι, ἔτασμούς καὶ μάστιγας,

condescends now * to be fixed with nails on to a cross and suspended, * to save all humanity.

(SD)

Glory. Both now. **Repeat.**

The present day presents the august holy Passion * of Christ as lights that dawn on the world for salvation. * For Christ, in His goodness, goes now to suffer and die for us. * He who holds all things within His hand condescends now * to be fixed with nails on to a cross and suspended, * to save all humanity.

(SD)

From Triodion ---

Kathisma II.

Mode 1. *The soldiers keeping watch.*

O Lord, the unseen Judge, You were seen with a body! * And willingly You came to be killed by the lawless, * and thus to condemn our own condemnation by suffering? * Therefore sending up magnification and glory * to Your authority, O Word of God, now we offer * our praises in unison. (SD)

Glory. Both now. **Repeat.**

O Lord, the unseen Judge, You were seen with a body! * And willingly You came to be killed by the lawless, * and thus to condemn our own condemnation by suffering? * Therefore sending up magnification and glory * to Your authority, O Word of God, now we offer * our praises in unison. (SD)

Kathisma III.

From Triodion ---

Mode pl. 4. *By conceiving the wisdom.*

As the Lord's saving Passion begins today, * so this day is illustrious all the more. * O lovers of holy days, let us greet it with sacred songs. * For the Creator is coming to accept to be crucified, * to be judged by Pilate,

Πιλάτῳ κρινόμενος· ὄθεν καὶ ἐκ δούλου
ράπισθεὶς ἐπὶ κόρυς, τὰ πάντα προσίεται,
ἵνα σώσῃ τὸν ἄνθρωπον. Διὰ τοῦτο
βοήσωμεν· Φιλάνθρωπε Χριστὲ ὁ Θεός,
τῶν πταισμάτων δώρησαι τὴν ἄφεσιν, τοῖς
προσκυνοῦσιν ἐν πίστει, τὰ ἄχραντα Πάθη
σου.

Δόξα· καὶ νῦν. **Τὸ αὐτό.**

Τῶν παθῶν τοῦ Κυρίου τὰς ἀπαρχάς,
ἡ παροῦσα ἡμέρα λαμπροφορεῖ.
Δεῦτε οὖν φιλέορτοι, ὑπαντήσωμεν
ἄσμασιν· ὁ γὰρ Κτίστης ἔρχεται, σταυρὸν
καταδέξασθαι, ἔτασμούς καὶ μάστιγας,
Πιλάτῳ κρινόμενος· ὄθεν καὶ ἐκ δούλου
ράπισθεὶς ἐπὶ κόρυς, τὰ πάντα προσίεται,
ἵνα σώσῃ τὸν ἄνθρωπον. Διὰ τοῦτο
βοήσωμεν· Φιλάνθρωπε Χριστὲ ὁ Θεός,
τῶν πταισμάτων δώρησαι τὴν ἄφεσιν, τοῖς
προσκυνοῦσιν ἐν πίστει, τὰ ἄχραντα Πάθη
σου.

ΔΙΑΚΟΝΟΣ

Καὶ ὑπὲρ τοῦ καταξιωθῆναι ἡμᾶς τῆς
ἀκροάσεως τοῦ ἁγίου Εὐαγγελίου, Κύριον
τὸν Θεὸν ἡμῶν ἱκετεύσωμεν.

(Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε,
ἐλέησον.)

ΔΙΑΚΟΝΟΣ

Σοφία. Ὁρθοί. Ἀκούσωμεν τοῦ ἁγίου
Εὐαγγελίου.

ΙΕΡΕΥΣ

Ειρήνη πᾶσι.

(Καὶ τῷ πνεύματί σου.)

the trials, the buffeting. * Moreover He is
struck on the head by a servant. * In order
to save mankind, He submissively bears it
all. * Let us therefore cry out to Him, * "O
Christ our God who loves mankind, * grant
forgiveness of offences to us * who honor
Your immaculate Passion with faith and love."

(SD)

Glory. Both now. **Repeat.**

As the Lord's saving Passion begins
today, * so this day is illustrious all the more.
* O lovers of holy days, let us greet it with
sacred songs. * For the Creator is coming to
accept to be crucified, * to be judged by Pilate,
the trials, the buffeting. * Moreover He is
struck on the head by a servant. * In order
to save mankind, He submissively bears it
all. * Let us therefore cry out to Him, * "O
Christ our God who loves mankind, * grant
forgiveness of offences to us * who honor
Your immaculate Passion with faith and love."

(SD)

DEACON

Let us pray to the Lord our God that we
may be made worthy to hear the holy Gospel.

(Lord, have mercy. Lord, have mercy. Lord,
have mercy.)

DEACON

Wisdom. Arise. Let us hear the Holy
Gospel.

PRIEST

Peace be with all.

(And with your spirit.)

ΙΕΡΕΥΣ

Ἐκ τοῦ κατὰ Ματθαῖον ἀγίου
Εὐαγγελίου τὸ ἀνάγνωσμα.

ΔΙΑΚΟΝΟΣ

Πρόσχωμεν.

(Δόξα σοι, Κύριε, δόξα σοι.)

ΙΕΡΕΥΣ

(κα' 18 - 43)

Τῷ καιρῷ ἐκείνῳ, ἐπανάγων εἰς
τὴν πόλιν ἐπεινάσεν. Καὶ ἰδὼν συκὴν
μίαν ἐπὶ τῆς ὁδοῦ ἦλθεν ἐπ' αὐτήν, καὶ
οὐδὲν εὔρεν ἐν αὐτῇ εἰ μὴ φύλλα μόνον,
καὶ λέγει αὐτῇ· Μηκέτι ἐκ σοῦ καρπὸς
γένηται εἰς τὸν αἰῶνα. Καὶ ἐξηράνθη
παραχρῆμα ἡ συκὴ. Καὶ ἰδόντες οἱ μαθηταὶ
ἐθαύμασαν λέγοντες· Πῶς παραχρῆμα
ἐξηράνθη ἡ συκὴ; Ἀποκριθεὶς δὲ ὁ Ἰησοῦς
εἶπεν αὐτοῖς· Ἀμὴν λέγω ὑμῖν, ἐὰν ἔχητε
πίστιν καὶ μὴ διακριθῆτε, οὐ μόνον τὸ
τῆς συκῆς ποιήσετε, ἀλλὰ κἂν τῷ ὄρει
τούτῳ εἴπητε, Ἄρθητι καὶ βλήθητι εἰς τὴν
θάλασσαν, γενήσεται· καὶ πάντα ὅσα ἂν
αἰτήσητε ἐν τῇ προσευχῇ πιστεύοντες
λήμψεσθε. Καὶ ἐλθόντος αὐτοῦ εἰς τὸ ἱερόν
προσηλθὼν αὐτῷ διδάσκοντι οἱ ἀρχιερεῖς
καὶ οἱ πρεσβύτεροι τοῦ λαοῦ λέγοντες·
Ἐν ποίᾳ ἐξουσίᾳ ταῦτα ποιεῖς; καὶ τίς σοι
ἔδωκεν τὴν ἐξουσίαν ταύτην; Ἀποκριθεὶς δὲ
ὁ Ἰησοῦς εἶπεν αὐτοῖς· Ἐρωτήσω ὑμᾶς καγὼ
λόγον ἓνα, ὃν ἐὰν εἴπητέ μοι καγὼ ὑμῖν ἐρῶ
ἐν ποίᾳ ἐξουσίᾳ ταῦτα ποιῶ· τὸ βάπτισμα
τὸ Ἰωάννου πόθεν ἦν; ἐξ οὐρανοῦ ἢ ἐξ
ἀνθρώπων; Οἱ δὲ διελογίζοντο ἐν ἑαυτοῖς
λέγοντες· Ἐὰν εἴπωμεν, Ἐξ οὐρανοῦ, ἐρεῖ
ἡμῖν, Διὰ τί οὖν οὐκ ἐπιστεύσατε αὐτῷ; ἐὰν
δὲ εἴπωμεν, Ἐξ ἀνθρώπων, φοβούμεθα τὸν
ὄχλον· πάντες γὰρ ὡς προφήτην ἔχουσιν
τὸν Ἰωάννην. Καὶ ἀποκριθέντες τῷ Ἰησοῦ

PRIEST

The reading is from the Holy Gospel
according to Matthew.

DEACON

Let us be attentive.

(Glory to You, O Lord. Glory to You.)

PRIEST

(21:18-43)

In the morning, as he was returning
to the city, he was hungry. And seeing a
fig tree by the wayside he went to it, and
found nothing on it but leaves only. And
he said to it, “May no fruit ever come
from you again!” And the fig tree
withered at once. When the disciples
saw it they marveled, saying, “How did
the fig tree wither at once?” And Jesus
answered them, “Truly, I say to you, if
you have faith and never doubt, you will
not only do what has been done to the
fig tree, but even if you say to this
mountain, ‘Be taken up and cast into the
sea,’ it will be done. And whatever you
ask in prayer, you will receive, if you
have faith.” And when he entered the
temple, the chief priests and the elders
of the people came up to him as he was
teaching, and said, “By what authority
are you doing these things, and who
gave you this authority?” Jesus
answered them, “I also will ask you a
question; and if you tell me the answer,
then I also will tell you by what
authority I do these things. The baptism
of John, whence was it? From heaven or
from men?” And they argued with one
another, “If we say, ‘From heaven,’ he
will say to us, ‘Why then did you not
believe him?’ But if we say, ‘From men,’
we are afraid of the multitude; for all
hold that John was a prophet.” So they

εἶπαν· Οὐκ οἶδαμεν. Ἐφη αὐτοῖς καὶ αὐτός· Οὐδὲ ἐγὼ λέγω ὑμῖν ἐν ποίᾳ ἐξουσίᾳ ταῦτα ποιῶ. Τί δὲ ὑμῖν δοκεῖ; Ἄνθρωπος εἶχεν τέκνα δύο· καὶ προσελθὼν τῷ πρώτῳ εἶπεν· Τέκνον, ὕπαγε σήμερον ἐργάζου ἐν τῷ ἀμπελῶνι. Ὁ δὲ ἀποκριθεὶς εἶπεν· Οὐ θέλω· ὕστερον δὲ μεταμεληθεὶς ἀπῆλθεν. Προσελθὼν δὲ τῷ ἐτέρῳ εἶπεν ὡσαύτως. Ὁ δὲ ἀποκριθεὶς εἶπεν· Ἐγὼ, κύριε· καὶ οὐκ ἀπῆλθεν. Τίς ἐκ τῶν δύο ἐποίησεν τὸ θέλημα τοῦ πατρός; Λέγουσιν· Ὁ πρῶτος. Λέγει αὐτοῖς ὁ Ἰησοῦς· Ἀμὴν λέγω ὑμῖν ὅτι οἱ τελῶναι καὶ αἱ πόρνοι προάγουσιν ὑμᾶς εἰς τὴν βασιλείαν τοῦ Θεοῦ· ἦλθεν γὰρ Ἰωάννης πρὸς ὑμᾶς ἐν ὁδῷ δικαιοσύνης, καὶ οὐκ ἐπιστεύσατε αὐτῷ· οἱ δὲ τελῶναι καὶ αἱ πόρνοι ἐπίστευσαν αὐτῷ· ὑμεῖς δὲ ἰδόντες οὐδὲ μετεμελήθητε ὕστερον τοῦ πιστεῦσαι αὐτῷ. Ἄλλην παραβολὴν ἀκούσατε. Ἄνθρωπος ἦν οἰκοδεσπότης ὅστις ἐφύτευσεν ἀμπελῶνα καὶ φραγμὸν αὐτῷ περιέθηκεν καὶ ὥρυξεν ἐν αὐτῷ ληνὸν καὶ ὠκοδόμησεν πύργον, καὶ ἐξέδοτο αὐτὸν γεωργοῖς, καὶ ἀπεδήμησεν· ὅτε δὲ ἤγγισεν ὁ καιρὸς τῶν καρπῶν, ἀπέστειλεν τοὺς δούλους αὐτοῦ πρὸς τοὺς γεωργοὺς λαβεῖν τοὺς καρποὺς αὐτοῦ· καὶ λαβόντες οἱ γεωργοὶ τοὺς δούλους αὐτοῦ, ὃν μὲν ἔδειραν, ὃν δὲ ἀπέκτειναν, ὃν δὲ ἐλιθοβόλησαν. Πάλιν ἀπέστειλεν ἄλλους δούλους πλείονας τῶν πρώτων, καὶ ἐποίησαν αὐτοῖς ὡσαύτως. Ὑστερον δὲ ἀπέστειλεν πρὸς αὐτοὺς τὸν υἱὸν αὐτοῦ λέγων· Ἐντραπήσονται τὸν υἱὸν μου. Οἱ δὲ γεωργοὶ ἰδόντες τὸν υἱὸν εἶπον ἐν ἑαυτοῖς· Οὗτός ἐστιν ὁ κληρονόμος· δεῦτε ἀποκτείνωμεν αὐτὸν καὶ σχῶμεν τὴν κληρονομίαν αὐτοῦ. Καὶ λαβόντες

answered Jesus, "We do not know." And he said to them, "Neither will I tell you by what authority I do these things. "What do you think? A man had two sons; and he went to the first and said, 'Son, go and work in the vineyard today.' And he answered, 'I will not'; but afterward he repented and went. And he went to the second and said the same; and he answered, 'I go, sir,' but did not go. Which of the two did the will of his father?" They said, "The first." Jesus said to them, "Truly, I say to you, the tax collectors and the harlots go into the kingdom of God before you. For John came to you in the way of righteousness, and you did not believe him, but the tax collectors and the harlots believed him; and even when you saw it, you did not afterward repent and believe him. "Hear another parable. There was a householder who planted a vineyard, and set a hedge around it, and dug a wine press in it, and built a tower, and let it out to tenants, and went into another country. When the season of fruit drew near, he sent his servants to the tenants, to get his fruit; and the tenants took his servants and beat one, killed another, and stoned another. Again he sent other servants, more than the first; and they did the same to them. Afterward he sent his son to them, saying, 'They will respect my son.' But when the tenants saw the son, they said to themselves, 'This is the heir; come, let us kill him and have his inheritance.' And they took him and cast him out of the vineyard, and killed him. When therefore the owner of the vineyard comes, what will he do to those tenants?" They said to him, "He will put those wretches to a miserable

αὐτὸν ἐξέβαλον ἔξω τοῦ ἀμπελῶνος καὶ ἀπέκτειναν. Ὅταν οὖν ἔλθῃ ὁ κύριος τοῦ ἀμπελῶνος, τί ποιήσει τοῖς γεωργοῖς ἐκείνοις; Λέγουσιν αὐτῷ· Κακοὺς κακῶς ἀπολέσει αὐτούς, καὶ τὸν ἀμπελῶνα ἐκδώσεται ἄλλοις γεωργοῖς, οἵτινες ἀποδώσουσιν αὐτῷ τοὺς καρποὺς ἐν τοῖς καιροῖς αὐτῶν. Λέγει αὐτοῖς ὁ Ἰησοῦς· Οὐδέποτε ἀνέγνωτε ἐν ταῖς γραφαῖς· Λίθον ὃν ἀπεδοκίμασαν οἱ οἰκοδομοῦντες οὗτος ἐγενήθη εἰς κεφαλὴν γωνίας· παρὰ κυρίου ἐγένετο αὕτη, καὶ ἔστιν θαυμαστὴ ἐν ὀφθαλμοῖς ἡμῶν; Διὰ τοῦτο λέγω ὑμῖν ὅτι ἀρθήσεται ἀφ' ὑμῶν ἡ βασιλεία τοῦ Θεοῦ καὶ δοθήσεται ἔθνει ποιοῦντι τοὺς καρποὺς αὐτῆς.

(Δόξα σοι, Κύριε, δόξα σοι.)

ΑΝΑΓΝΩΣΤΗΣ

Ψαλμὸς Ν' (50).

Ἐλέησόν με, ὁ Θεός, κατὰ τὸ μέγα ἔλεός σου, καὶ κατὰ τὸ πλῆθος τῶν οἰκτιρισμῶν σου ἐξάλειψον τὸ ἀνόμημά μου. Ἐπὶ πλεῖον πλῦνόν με ἀπὸ τῆς ἀνομίας μου, καὶ ἀπὸ τῆς ἁμαρτίας μου καθάρισόν με. Ὅτι τὴν ἀνομίαν μου ἐγὼ γινώσκω, καὶ ἡ ἁμαρτία μου ἐνώπιόν μου ἔστι διὰ παντός. Σοὶ μόνῳ ἤμαρτον καὶ τὸ πονηρὸν ἐνώπιόν σου ἐποίησα, ὅπως ἂν δικαιωθῆς ἐν τοῖς λόγοις σου, καὶ νικήσῃς ἐν τῷ κρίνεσθαί σε. Ἴδου γὰρ ἐν ἀνομίαις συνελήφθην, καὶ ἐν ἁμαρτίαις ἐκίσσησέ με ἡ μήτηρ μου. Ἴδου γὰρ ἀλήθειαν ἠγάπησας, τὰ ἄδηλα καὶ τὰ κρύφια τῆς σοφίας σου ἐδήλωσάς μοι. Ραντιεῖς με ὑσώπῳ, καὶ καθαρισθήσομαι, πλυνεῖς με, καὶ ὑπὲρ χιόνα λευκανθήσομαι. Ἀκουτιεῖς μοι ἀγαλλίασιν καὶ εὐφροσύνην· ἀγαλλιάσονται ὅστέα τεταπεινωμένα.

death, and let out the vineyard to other tenants who will give him the fruits in their seasons.” Jesus said to them, “Have you never read in the scriptures: ‘The very stone which the builders rejected has become the head of the corner; this was the Lord’s doing, and it is marvelous in our eyes’? Therefore I tell you, the kingdom of God will be taken away from you and given to a nation producing the fruits of it.” (RSV)

(Glory to You, O Lord. Glory to You.)

READER

Psalm 50 (51).

Have mercy on me, O God, according to Your steadfast love; according to Your abundant mercy blot out my transgressions. Wash me thoroughly from my iniquity, and cleanse me from my sin! For I know my transgressions, and my sin is ever before me. Against You, and You only, have I sinned, and done that which is evil in Your sight, so that You are justified in Your sentence and blameless in Your judgment. Behold, I was brought forth in iniquity, and in sin did my mother conceive me. Behold, You desire truth in the inward being; therefore teach me wisdom in my secret heart. Purge me with hyssop, and I shall be clean; wash me, and I shall be whiter than snow. Fill me with joy and gladness; let the bones which You have broken rejoice. Hide Your face from

Ἀπόστρεψον τὸ πρόσωπόν σου ἀπὸ τῶν ἁμαρτιῶν μου καὶ πάσας τὰς ἀνομίας μου ἐξάλειψον. Καρδίαν καθαρὰν κτίσον ἐν ἐμοί, ὁ Θεός, καὶ πνεῦμα εὐθὲς ἐγκαίνισον ἐν τοῖς ἐγκάτοις μου. Μὴ ἀπορρίψῃς με ἀπὸ τοῦ προσώπου σου καὶ το Πνεῦμά σου τὸ ἅγιον μὴ ἀντανέλης ἀπ' ἐμοῦ. Ἀπόδος μοι τὴν ἀγαλλίασιν τοῦ σωτηρίου σου καὶ πνεύματι ἡγεμονικῶ στήριξόν με. Διδάξω ἀνόμους τὰς ὁδοὺς σου, καὶ ἀσεβεῖς ἐπὶ σὲ ἐπιστρέψουσι. Ρῦσαί με ἐξ αἱμάτων, ὁ Θεός, ὁ Θεός τῆς σωτηρίας μου· ἀγαλλιάσεται ἡ γλῶσσά μου τὴν δικαιοσύνην σου. Κύριε, τὰ χεῖλη μου ἀνοίξεις, καὶ τὸ στόμα μου ἀναγγελεῖ τὴν αἴνεσίν σου. Ὅτι εἰ ἠθέλησας θυσίαν, ἔδωκα ἄν· ὀλοκαυτώματα οὐκ εὐδοκήσεις. Θυσία τῷ Θεῷ πνεῦμα συντετριμμένον, καρδίαν συντετριμμένην καὶ τεταπεινωμένην ὁ Θεός οὐκ ἐξουδενώσει. Ἀγάθυνον, Κύριε, ἐν τῇ εὐδοκίᾳ σου τὴν Σιών, καὶ οἰκοδομηθήτω τὰ τεῖχη Ἱερουσαλήμ. Τότε εὐδοκήσεις θυσίαν δικαιοσύνης, ἀναφορὰν καὶ ὀλοκαυτώματα. Τότε ἀνοίσουσιν ἐπὶ τὸ θυσιαστήριόν σου μόσχους.

ΧΟΡΟΣ

Ὁ Κανὼν.

Ποίημα Κοσμᾶ Μοναχοῦ.

Ὦδιὴ α'. Ἦχος β'. Ὁ Εἰρμός.

Τῷ τὴν ἄβατον, κυμαινομένην θάλασσαν, θείῳ αὐτοῦ προστάγματι, ἀναξηράναντι, καὶ πεζεῦσαι δι' αὐτῆς, τὸν Ἰσραηλίτην λαὸν καθοδηγήσαντι, Κυρίῳ ἄσωμεν· ἐνδόξως γὰρ δεδόξασται. (δίς)

my sins, and blot out all my iniquities. Create in me a clean heart, O God, and put a new and right spirit within me. Cast me not away from Your presence, and take not Your holy Spirit from me. Restore to me the joy of thy salvation, and uphold me with a willing spirit. Then I will teach transgressors Your ways, and sinners will return to You. Deliver me from bloodguiltiness, O God, You God of my salvation, and my tongue will sing aloud of Your deliverance. O Lord, open my lips, and my mouth shall show forth Your praise. For You have no delight in sacrifice; were I to give a burnt offering You would not be pleased. The sacrifice acceptable to God is a broken spirit; a broken and contrite heart, O God, You will not despise. Do good to Zion in Your good pleasure; rebuild the walls of Jerusalem, then will You delight in right sacrifices, in burnt offerings and whole burnt offerings; then bulls will be offered on Your altar. (RSV)

CHOIR

The Canon.

By Cosmas the Monk.

Ode i. Mode 2. Heirmos.

Let us sing to the Lord, who dried up the impassable * surging waters of the Sea by His divine command, * and who also led the way * for the chosen people of Israel to cross on foot. * Come let us sing to Him, for He is greatly glorified. (2)

Τροπάρια.

Δόξα σοι ὁ Θεὸς ἡμῶν, δόξα σοι.

Ἡ ἀπόρητος, Λόγου Θεοῦ κατάβασις,
ὅπερ Χριστὸς αὐτὸς ἐστὶ, Θεὸς καὶ
ἄνθρωπος. Τὸ Θεὸς οὐχ ἀρπαγμὸν, εἶναι
ἠγγισάμενος, ἐν τῷ μορφοῦσθαι δοῦλον,
δεικνύει τοῖς Μαθηταῖς· ἐνδόξως γὰρ
δεδοξασται. (δίς)

Δόξα. Καὶ νῦν.

Διακονῆσαι, αὐτὸς ἐλήλυθα, οὗ τὴν
μορφὴν ὁ Πλαστοουργός, ἐκὼν περὶκειμαι,
τῷ πτωχεύσαντι Ἀδάμ, ὁ πλουτῶν Θεότητι,
θεῖναι ἐμὴν τε αὐτοῦ, ψυχὴν ἀντίλυτρον, ὁ
ἀπαθῆς Θεότητι. (δίς)

Καταβασία.

Τῷ τὴν ἄβατον, κυμαινομένην
θάλασσαν, θείῳ αὐτοῦ προστάγματι,
ἀναξηράναντι, καὶ πεζεῦσαι δι' αὐτῆς, τὸν
Ἰσραηλίτην λαὸν καθοδηγήσαντι, Κυρίῳ
ἄσωμεν· ἐνδόξως γὰρ δεδοξασται.

ΔΙΑΚΟΝΟΣ

Ἐπι καὶ ἔτι ἐν εἰρήνῃ τοῦ Κυρίου
δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ἀντιλαβοῦ, σῶσον, ἐλέησον καὶ
διαφύλαξον ἡμᾶς ὁ Θεὸς τῆ σῆ χάριτι.

(Κύριε, ἐλέησον.)

Τῆς Παναγίας ἀχράντου,
ὑπερευλογημένης, ἐνδόξου Δεσποίνης
ἡμῶν Θεοτόκου καὶ ἀειπαρθένου Μαρίας
μετὰ πάντων τῶν Ἁγίων μνημονεύσαντες,
ἑαυτοὺς καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν
ἡμῶν Χριστῷ τῷ Θεῷ παραθώμεθα.

(Σοί, Κύριε.)

Troparia.

Glory to You, our God, glory to You.

The inscrutable descent of God the
Logos * is Christ, who is God and man in one
hypostasis. * He took on a servant's form, *
showing His disciples that He does not regard
the fact that He is God * something to be
grasped. For He is greatly glorified. (2)

Glory. Both now.

I, the Creator, who voluntarily * put on
impovertised Adam's form, came to minister
to him * yes, I who am rich in Divinity, * and
I lay down My life for him as ransom, * I who
am impassible in Divinity. (2)

Katavasia.

Let us sing to the Lord, who dried up the
impassable * surging waters of the Sea by
His divine command, * and who also led the
way * for the chosen people of Israel to cross
on foot. * Come let us sing to Him, for He is
greatly glorified. (SD)

DEACON

Again and again, in peace, let us pray to
the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and
protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure,
blessed, and glorious Lady, the Theotokos
and ever-virgin Mary, with all the saints, let
us commend ourselves and one another and
our whole life to Christ our God.

(To You, O Lord.)

ΙΕΡΕΥΣ

Σὺ γὰρ εἶ ὁ Βασιλεὺς τῆς εἰρήνης καὶ σωτὴρ τῶν ψυχῶν ἡμῶν, καὶ σοὶ τὴν δόξαν ἀναπέμπομεν, τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ Ἁγίῳ Πνεύματι, νῦν καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

(Ἀμήν.)

Τοῦ Τριωδίου ---

ΑΝΑΓΝΩΣΤΗΣ

Κοντάκιον.

Ἦχος πλ. δ'. Ως ἀπαρχάς.

Ὁ Ἰακώβ ὠδύρευτο τοῦ Ἰωσήφ τὴν στέρησιν, καὶ ὁ γενναῖος ἐκάθητο ἄρματι, ὡς βασιλεὺς τιμώμενος· τῆς Αἰγυπτίας γὰρ τότε ταῖς ἡδοναῖς μὴ δουλεύσας, ἀντεδοξάζετο παρὰ τοῦ βλέποντος τὰς τῶν ἀνθρώπων καρδίας, καὶ νέμοντος στέφος ἄφθαρτον.

Ὁ Οἶκος.

Ἐπὶ τῷ ὀδυρμῷ νῦν προσθήσωμεν ὀδυρμόν, καὶ ἐκχέωμεν δάκρυα, μετὰ τοῦ Ἰακώβ συγκοπτόμενοι Ἰωσήφ τὸν αἰοιδίμον καὶ σώφρονα, τὸν δουλωθέντα μὲν τῷ σώματι, τὴν ψυχὴν δὲ ἀδούλωτον συντηροῦντα, καὶ Αἰγύπτου παντὸς κυριεύσαντα. Ὁ Θεὸς γὰρ παρέχει τοῖς δούλοις αὐτοῦ στέφος ἄφθαρτον.

Συναξάριον.

Τοῦ Μηναιίου.

Τῇ Β' τοῦ αὐτοῦ μηνός, μνήμη τοῦ Ὁσίου Πατρὸς ἡμῶν Τίτου.

Τῇ αὐτῇ ἡμέρᾳ, μνήμη τῶν Ἁγίων Μαρτύρων καὶ ἀνταδέλφων, Ἀμφιανοῦ καὶ Αἰδεσίου.

Τῇ αὐτῇ ἡμέρᾳ, μνήμη τῆς Ἁγίας Παρθενομάρτυρος Θεοδώρας.

PRIEST

For You are the King of peace and the savior of our souls, and to You we give glory, to the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

From Triodion ---

READER

Kontakion.

Mode pl. 4.

Jacob lamented the loss of Joseph; yet the courageous one sat on a chariot, honored as a king. For by refusing to be enslaved by the pleasures of the Egyptian woman, he was later glorified in return by Him who sees men's hearts and deals out the imperishable crown. (SD)

Oikos.

To lamentation let us now add lamentation, and with Jacob shed tears, and mourn with him over Joseph, the famous and chaste, who was enslaved in body but preserved his soul unenslaved, and became the lord over all of Egypt. For God grants His servants the imperishable crown. (SD)

Synaxarion.

From the Menaion.

On April 2 we commemorate our devout father Titus.

On this day we also commemorate the holy martyrs and brothers Amphianos and Aidesios.

On this day we also commemorate the holy virgin martyr Theodora.

Τῇ αὐτῇ ἡμέρᾳ, μνήμη τοῦ Ἁγίου
Μάρτυρος Πολυκάρπου.

Τῇ αὐτῇ ἡμέρᾳ, ὁ ὁσιος Γρηγόριος ὁ ἐν
τῷ κόλπῳ τῆς Νικομηδείας ἀσκήσας κατὰ
τὸ ἄσμ' (1240), ἐν εἰρήνῃ τελειοῦται.

Τοῦ Τριωδίου.

Τῇ ἀγία καὶ μεγάλη Δευτέρᾳ, μνεῖαν
ποιούμεθα τοῦ μακαρίου Ἰωσήφ τοῦ
παγκάλου, καὶ τῆς ὑπὸ τοῦ Κυρίου
καταραθείσης καὶ ξηρανθείσης συκῆς.

Στίχοι.

Σώφρων Ἰωσήφ, δίκαιος κράτωρ ὤφθη,
Καὶ σιτοδότης· ὦ καλῶν θημωνία!

Ἔτεροι, εἰς τὴν ξηρανθείσαν Συκὴν

Τὴν συναγωγὴν, συκὴν Χριστός, Ἐβραίων,
Καρπῶν ἄμοιρον πνευματικῶν εἰκάζων,
Ἀρᾶ ξηραίνει ἧς φύγωμεν τὸ πάθος.

Ταῖς τοῦ παγκάλου Ἰωσήφ πρεσβείαις,
Χριστέ ὁ Θεός, ἐλέησον ἡμᾶς. Ἀμήν.

ΧΟΡΟΣ

Ὡιδὴ η΄. Ὁ Εἰμός.

Ἐφριξε παίδων εὐαγῶν, τὸ ὁμόστολον
ψυχῆς ἄσπιλον σῶμα, καὶ εἶξε τὸ τραφέν,
ἐν ἀπειρῷ ὕλῃ, ἀκάματον πῦρ. Ἀειζῶου δὲ
ἐκμαρανθείσης φλογός, διαιωνίζων ὕμνος
ἀνεμέλπετο. Τὸν Κύριον πάντα τὰ ἔργα
ὕμνεῖτε, καὶ ὑπερψοῦτε, εἰς πάντας τοὺς
αἰῶνας. (δίς)

Τροπάρια.

Δόξα σοι ὁ Θεὸς ἡμῶν, δόξα σοι.

Ἦμας μου τότε Μαθητάς, πάντες
γνώσκονται, εἰ τὰς ἐμᾶς ἐντολὰς τηρήσητε,
φησὶν ὁ Σωτὴρ τοῖς φίλοις πρὸς πάθος
μολῶν. Εἰρηνεύετε ἐν ἑαυτοῖς καὶ παῖσι,

On this day we also commemorate the
holy martyr Polycarp.

On this day the devout Gregory, who
struggled in asceticism in the Gulf of
Nicomedia, reposed in peace in the year 1240.

From the Triodion.

On great and holy Monday we
commemorate the blessed Joseph the Noble;
and also the fig tree that was cursed by the
Lord and then withered.

Verses

Sober-minded Joseph proved to be a righteous
Ruler and distributor. What a stack of virtues!

For the withered Fig Tree

Likening the synagogue of the Jews to the fig tree
Barren of spiritual fruit, with a curse
Christ makes it wither. Let us flee such a fate.

At the intercessions of the Noble
Joseph, O Christ our God, have mercy on us.
Amen.

CHOIR

Ode viii. Heirmos.

Fed with unending fuel, the fire * that
wearied not shuddered at the spotless bodies,
* adorned as were the souls, * of the pious
Servants and yielded to them. * When the
ever-living flame had shrunken away, *
they sang the hymn that henceforth was
immortalized: * O bless the Lord, all you His
works, and sing a hymn to Him, * and exalt
Him beyond measure unto all the ages. (2)

Troparia.

Glory to You, our God, glory to You.

"By this shall all know that you
are * My disciples, if you keep all My
commandments."* So did Christ declare to
His friends, as He was heading towards His

καὶ ταπεινὰ φρονοῦντες, ἀνυψώθητε·
καὶ Κύριον γινώσκοντές με ὑμνεῖτε, καὶ
ὑπερυψοῦτε εἰς πάντα τοὺς αἰῶνας. (δίς)

*Εὐλογοῦμεν Πατέρα, Υἱὸν καὶ Ἅγιον
Πνεῦμα, τὸν Κύριον· ὑμνοῦμεν, καὶ
ὑπερυψοῦμεν αὐτὸν εἰς τοὺς αἰῶνας.*

Τάξεως ἔμπαλιν ὑμῖν, ἐθνικῆς ἔστω
τὸ κράτος ὁμογενῶν, οὐ κληῆρος γὰρ ἐμός,
τυραννὶς δὲ γνώμη ἀυθαίρετος. Ὁ οὖν
πρόκριτος ἐν ὑμῖν εἶναι θέλων, τῶν ἄλλων
ἔστω πάντων ἐσχατώτερος· καὶ Κύριον
γινώσκοντές με ὑμνεῖτε, καὶ ὑπερυψοῦτε εἰς
πάντας τοὺς αἰῶνας.

*Καὶ νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν
αἰώνων. Ἀμήν.*

Τάξεως ἔμπαλιν ὑμῖν, ἐθνικῆς ἔστω
τὸ κράτος ὁμογενῶν, οὐ κληῆρος γὰρ ἐμός,
τυραννὶς δὲ γνώμη ἀυθαίρετος. Ὁ οὖν
πρόκριτος ἐν ὑμῖν εἶναι θέλων, τῶν ἄλλων
ἔστω πάντων ἐσχατώτερος· καὶ Κύριον
γινώσκοντές με ὑμνεῖτε, καὶ ὑπερυψοῦτε εἰς
πάντας τοὺς αἰῶνας.

Καταβασία.

*Αἰνοῦμεν, εὐλογοῦμεν καὶ προσκυνοῦμεν
τὸν Κύριον.*

Ἐφριξε παίδων εὐαγῶν, τὸ ὁμόστολον
ψυχῆς ἄσπιλον σῶμα, καὶ εἶξε τὸ τραφέν,
ἐν ἀπειρῷ ὕλῃ, ἀκάματον πῦρ. Αἰεζῶου δὲ
ἐκμαρανθείσης φλογός, διαιωνίζων ὕμνος
ἀνεμέλετο. Τὸν Κύριον πάντα τὰ ἔργα

Passion. * "Be at peace within yourselves and
likewise with all, * and you shall be exalted
thinking humble thoughts. * And knowing
Me to be the Lord, bless Me and sing a hymn
to Me, * and exalt Me beyond measure unto
all the ages." (2)

*We bless the Lord: Father, Son, and Holy
Spirit; we sing a hymn to Him and exalt Him
beyond measure unto the ages.*

In ruling over fellow men, * let the order
of the Gentiles be inverted; * for tyranny has
no part with Me nor does arbitrariness. * So
whoever would be great among you and first,
* let him be least and servant of the others
all. * And knowing Me to be the Lord, bless
Me and sing a hymn to Me, * and exalt Me
beyond measure unto all the ages. (SD)

*Both now and ever and to the ages of ages.
Amen.*

In ruling over fellow men, * let the order
of the Gentiles be inverted; * for tyranny has
no part with Me nor does arbitrariness. * So
whoever would be great among you and first,
* let him be least and servant of the others
all. * And knowing Me to be the Lord, bless
Me and sing a hymn to Me, * and exalt Me
beyond measure unto all the ages. (SD)

Katavasia.

*We praise and we bless and we worship the
Lord.*

Fed with unending fuel, the fire * that
wearied not shuddered at the spotless bodies,
* adorned as were the souls, * of the pious
Servants and yielded to them. * When the
ever-living flame had shrunken away, *
they sang the hymn that henceforth was

ὕμνεϊτε, καὶ ὑπερυψοῦτε, εἰς πάντας τοὺς αἰῶνας.

ΔΙΑΚΟΝΟΣ

Τὴν Θεοτόκον καὶ μητέρα τοῦ φωτὸς ἐν ὕμνοις τιμῶντες μεγαλύνωμεν.

ΧΟΡΟΣ

Ὡιδὴ θ'. Ὁ Εἰρμός.

Ἐμεγάλυνας Χριστέ, τὴν τεκοῦσάν σε Θεοτόκον, ἀφ' ἧς ὁ πλάστης ἡμῶν, ὁμοιοπαθεὶς περιέθου σῶμα, τὸ τῶν ἡμετέρων λυτήριον ἀγνοημάτων. Ταύτην μακαρίζοντες, πᾶσαι γενεαὶ σὲ μεγαλύνωμεν. (δίς)

Τροπάρια.

Δόξα σοι ὁ Θεὸς ἡμῶν, δόξα σοι.

Ρύπον πάντα ἐμπαθῆ, ἀπωσάμενοι, ἐπάξιον τῆς θείας βασιλείας, γνώμην ἀναλάβετε ἔμφρονα, τοῖς σοῖς Ἀποστόλοις προέφης, ἡ πάντων σοφία, ἐν ἧ δοξασθήσεσθε, λάμποντες ἡλίου τηλαυγέστερον. (δίς)

Δόξα. Καὶ νῦν.

Ἀφορῶντες εἰς ἐμέ, εἶπας Κύριε τοῖς σεαυτοῦ Μαθηταῖς, μὴ φρονεῖτε ὑψηλά, ἀλλὰ συναπάχθητε τοῖς ταπεινοῖς· ἐμὸν ὅπερ πίνω, πίετε ποτήριον, ὅτι ἐν τῇ βασιλείᾳ τοῦ Πατρὸς, ἐμοὶ συνδοξασθήσεσθε. (δίς)

Καταβασία.

Ἐμεγάλυνας Χριστέ, τὴν τεκοῦσάν σε Θεοτόκον, ἀφ' ἧς ὁ πλάστης ἡμῶν, ὁμοιοπαθεὶς περιέθου σῶμα, τὸ τῶν

immortalized: * O bless the Lord, all you His works, and sing a hymn to Him, * and exalt Him beyond measure unto all the ages. (SD)

DEACON

Let us honor and magnify in song the Theotokos and the Mother of the light.

CHOIR

Ode ix. Heirmos.

You have magnified, O Christ, * the Theotokos who bore You. * From her You donned a body * susceptible to passion like ours, O Maker; * it delivers us from the ignorance of our offenses. * All our generations call her blessed, and we magnify You. (2)

Troparia.

Glory to You, our God, glory to You.

"Having cast off every stain * of the passions, take upon yourselves a prudent disposition * worthy of the Kingdom and rule of God." * Thus You spoke to Your Apostles beforehand, O Wisdom of all. * "In which Kingdom, you shall be * glorified and shining brighter than the sun." (2)

Glory. Both now.

"An example take from Me," * You, O Lord, said to Your disciples. * "Do not have a haughty mind, * but rather associate with whatever is humble. * And you shall indeed drink the cup that I myself am drinking. * And in the Kingdom of My Father * you shall be with Me together glorified." (2)

Katavasia.

You have magnified, O Christ, * the Theotokos who bore You. * From her You donned a body * susceptible to passion

ἡμετέρων λυτήριον ἀγνοημάτων.
Ταύτην μακαρίζοντες, πᾶσαι γενεαὶ σέ
μεγαλύνομεν.

ΔΙΑΚΟΝΟΣ

Ἐτι καὶ ἔτι ἐν εἰρήνῃ τοῦ Κυρίου
δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ἀντιλαβοῦ, σῶσον, ἐλέησον καὶ
διαφύλαξον ἡμᾶς ὁ Θεὸς τῆ σῆ χάριτι.

(Κύριε, ἐλέησον.)

Τῆς Παναγίας ἀχράντου,
ὑπερευλογημένης, ἐνδόξου Δεσποίνης
ἡμῶν Θεοτόκου καὶ ἀειπαρθένου Μαρίας
μετὰ πάντων τῶν Ἁγίων μνημονεύσαντες,
ἑαυτοὺς καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν
ἡμῶν Χριστῷ τῷ Θεῷ παραθώμεθα.

(Σοί, Κύριε.)

ΙΕΡΕΥΣ

Ὅτι σὲ αἰνοῦσι πᾶσαι αἱ δυνάμεις τῶν
οὐρανῶν καὶ σοὶ τὴν δόξαν ἀναπέμπουσι,
τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ ἁγίῳ Πνεύματι,
νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

(Ἀμήν.)

Τοῦ Τριωδίου ---

ΧΟΡΟΣ

Ἐξαποστειλάρια.

Ἦχος γ΄. Αὐτόμελον.

Τὸν νυμφῶνά σου βλέπω, Σωτῆρ μου
κεκοσμημένον, καὶ ἔνδυμα οὐκ ἔχω, ἵνα
εἰσέλθω ἐν αὐτῷ· λάμπρυνόν μου τὴν
στολὴν τῆς ψυχῆς, Φωτοδότα, καὶ σῶσόν με.

(ἐκ γ΄)

Οἱ Αἴνοι. Ἦχος α΄.

Πᾶσα πνοὴ αἰνεσάτω τὸν Κύριον.
Αἰνεῖτε τὸν Κύριον ἐκ τῶν οὐρανῶν· αἰνεῖτε

like ours, O Maker; * it delivers us from
the ignorance of our offenses. * All our
generations call her blessed, and we magnify
You. *(SD)*

DEACON

Again and again, in peace, let us pray to
the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and
protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure,
blessed, and glorious Lady, the Theotokos
and ever-virgin Mary, with all the saints, let
us commend ourselves and one another and
our whole life to Christ our God.

(To You, O Lord.)

PRIEST

For all the powers of heaven praise You
and give You glory, to the Father and the Son
and the Holy Spirit, now and forever and to
the ages of ages.

(Amen.)

From Triodion ---

CHOIR

Exaposteilaria.

Mode 3. Automelon.

O my Savior, now I see * Your wedding
hall decorated, * and I have not the garment *
needed for me to enter it. * Make this raiment
of my soul brightly shine, * O Giver-of-Light,
and save me. *(3) (SD)*

Lauds. Mode 1.

Let everything that breathes praise the
Lord. Praise the Lord from the heavens, praise

αὐτὸν ἐν τοῖς ὑψίστοις. Σοὶ πρέπει ὕμνος τῷ Θεῷ.

Αἰνεῖτε αὐτόν, πάντες οἱ ἄγγελοι αὐτοῦ· αἰνεῖτε αὐτόν, πᾶσαι αἱ δυνάμεις αὐτοῦ. Σοὶ πρέπει ὕμνος τῷ Θεῷ.

Τοῦ Τριωδίου ---

Ἰδιόμελον. Ἦχος α'.

Αἰνεῖτε αὐτόν ἐπὶ ταῖς δυναστείαις αὐτοῦ, αἰνεῖτε αὐτόν κατὰ τὸ πλῆθος τῆς μεγαλωσύνης αὐτοῦ.

Αἰνεῖτε αὐτόν ἐν ἤχῳ σάλπιγγος, αἰνεῖτε αὐτόν ἐν ψαλτηρίῳ καὶ κιθάρα.

Ἐρχόμενος ὁ Κύριος, πρὸς τὸ ἐκούσιον πάθος, τοῖς Ἀποστόλοις ἔλεγεν ἐν τῇ ὁδῷ. Ἴδου ἀναβαίνομεν εἰς Ἱεροσόλυμα, καὶ παραδοθήσεται ὁ Υἱὸς τοῦ ἀνθρώπου, καθὼς γέγραπται περὶ αὐτοῦ. Δεῦτε οὖν καὶ ἡμεῖς, κεκαθαρμέναις διανοίαις, συμπορευθῶμεν αὐτῷ, καὶ συσταυρωθῶμεν, καὶ νεκρωθῶμεν δι' αὐτόν, ταῖς τοῦ βίου ἡδοναῖς· ἵνα καὶ συζήσωμεν αὐτῷ, καὶ ἀκούσωμεν βοῶντος αὐτοῦ· Οὐκέτι εἰς τὴν ἐπίγειον Ἱερουσαλήμ διὰ τὸ παθεῖν, ἀλλὰ ἀναβαίνω πρὸς τὸν Πατέρα μου, καὶ Πατέρα ὑμῶν, καὶ Θεόν μου καὶ Θεὸν ὑμῶν· καὶ συνανυψῶ ὑμᾶς εἰς τὴν ἄνω Ἱερουσαλήμ, ἐν τῇ βασιλείᾳ τῶν οὐρανῶν.

Ἰδιόμελον. Ἦχος πλ. α'.

Αἰνεῖτε αὐτόν ἐν τυμπάνῳ καὶ χορῷ, αἰνεῖτε αὐτόν ἐν χορδαῖς καὶ ὄργάνῳ.

Αἰνεῖτε αὐτόν ἐν κυμβάλοις ἐνῆχοις, αἰνεῖτε αὐτόν ἐν κυμβάλοις ἀλαλαγμοῦ. Πᾶσα πνοὴ αἰνεσάτω τὸν Κύριον.

Φθάσαντες πιστοί, τὸ σωτήριον πάθος Χριστοῦ τοῦ Θεοῦ, τὴν ἄφατον αὐτοῦ μακροθυμίαν δοξάσωμεν· ὅπως τῆ

Him in the highest. It is fitting to sing a hymn to You, O God. (SAAS)

Praise Him, all you His angels; praise Him, all you His hosts. It is fitting to sing a hymn to You, O God. (SAAS)

From Triodion ---

Idiomelon. Mode 1.

Praise Him for His mighty acts; praise Him according to the abundance of His greatness. (SAAS)

Praise Him with the sound of trumpet; praise Him with the harp and lyre. (SAAS)

As the Lord was coming to His voluntary Passion, He said to the Apostles on the way, "Behold, we are going up to Jerusalem, and the Son of man will be betrayed, as it is written of Him." Come, then, and with our minds now purified, let us also go with Him and be crucified with Him and die for Him to the pleasures of this life, so that we may also live with Him and hear Him when He says, "No longer am I going up to the earthly Jerusalem to suffer there, but rather I am ascending to my Father and your Father, and to my God and your God as well. And I will raise you up with me to the Jerusalem on high in the Kingdom of heaven." (SD)

Idiomelon. Mode pl. 1.

Praise Him with timbrel and dance; praise Him with strings and flute. (SAAS)

Praise Him with resounding cymbals; praise Him with triumphant cymbals. Let everything that breathes praise the Lord. (SAAS)

We have arrived, O faithful, at the saving Passion of Christ our God. Let us glorify His ineffable forbearance, so that in His

αὐτοῦ εὐσπλαγχνία, συνεγείρη καὶ ἡμᾶς, νεκρωθέντας τῇ ἁμαρτία, ὡς ἀγαθὸς καὶ φιλόανθρωπος.

Δόξα· καὶ νῦν.

Τοῦ Τριωδίου ---

Ἦχος πλ. α'.

Κύριε, ἐρχόμενος πρὸς τὸ πάθος, τοὺς ἰδίους στηρίζων Μαθητὰς ἔλεγες, κατ' ἰδίαν παραλαβῶν αὐτούς. Πῶς τῶν ῥημάτων μου ἀμνημονεῖτε, ὧν πάλαι εἶπον ὑμῖν, ὅτι προφήτην πάντα οὐ γέγραπται, εἰ μὴ ἐν Ἱερουσαλήμ ἀποκτανθῆναι; Νῦν οὖν καιρὸς ἐφέστηκεν, ὃν εἶπον ὑμῖν· ἰδοὺ γὰρ παραδίδομαι, ἁμαρτωλῶν χερσὶν ἐμπαιχθῆναι, οἳ καὶ σταυρῶ με προσπήξαντες, ταφῇ παραδόντες, ἐβδελυγμένον λογιῶνται ὡς νεκρόν. Ὅμως θαρσεῖτε· τριήμερος γὰρ ἐγείρομαι εἰς ἀγαλλίασιν πιστῶν, καὶ ζωῆν τὴν αἰώνιον.

ΑΝΑΓΝΩΣΤΗΣ

ΔΟΞΟΛΟΓΙΑ (διαβαστά)

Σοὶ δόξα πρέπει, Κύριε, ὁ Θεὸς ἡμῶν, καὶ σοὶ τὴν δόξαν ἀναπέμπομεν, τῷ Πατρὶ, καὶ τῷ Υἱῷ, καὶ τῷ Ἁγίῳ Πνεύματι, νῦν, καὶ αἰεὶ, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν. Δόξα ἐν ὑψίστοις Θεῷ, καὶ ἐπὶ γῆς εἰρήνη ἐν ἀνθρώποις εὐδοκία. Ὑμνοῦμέν σε, εὐλογοῦμέν σε, προσκυνοῦμέν σε, δοξολογοῦμέν σε, εὐχαριστοῦμέν σοι, διὰ τὴν μεγάλην σου δόξαν. Κύριε Βασιλεῦ, ἐπουράνιε Θεέ, Πάτερ παντοκράτορ· Κύριε Υἱὲ μονογενές, Ἰησοῦ Χριστέ, καὶ Ἅγιον Πνεῦμα. Κύριε ὁ Θεός, ὁ Ἀμνὸς τοῦ Θεοῦ, ὁ Υἱὸς τοῦ Πατρὸς, ὁ αἴρων τὴν ἁμαρτίαν τοῦ κόσμου, ἐλέησον ἡμᾶς, ὁ αἴρων τὰς ἁμαρτίας τοῦ κόσμου. Πρόσδεξαι

tender mercy He might raise us with himself, deadened by sin as we are, for He is good and loves humanity. (SD)

Glory. Both now.

From Triodion ---

Mode pl. 1.

Lord, as You were coming to Your Passion, You took Your disciples aside and spoke to them privately to strengthen them. "How have you forgotten the words that I said to you before, that according to the Scriptures no prophet should be killed except in Jerusalem? The time of which I spoke to You is now at hand. Behold, I am betrayed into the hands of sinners, to be mocked by them. They will nail me to a cross and hand me over to be buried, and they will consider me an abomination, because I will be dead. But you, take courage, for I will rise on the third day, bringing the faithful exultant joy and eternal life." (SD)

READER

DOXOLOGY (read)

To you belongs glory, O Lord our God, and to you we send up glory, to the Father and the Son and the Holy Spirit, now and forever and to the ages of ages. Amen. Glory to God in the highest, and on earth peace, good will to men. We praise you, we bless you, we worship you, we glorify you, and we thank you, for your great glory. Lord, King, Heavenly God, Father Almighty; only-begotten Son, Lord Jesus Christ and Holy Spirit. Lord God, the Lamb of God, the Son of the Father, who take away the sin of the world, have mercy on us, you who take away the sins of the world. Accept our supplication, you who sit at the right of the Father, and

τὴν δέησιν ἡμῶν, ὁ καθήμενος ἐν δεξιᾷ τοῦ Πατρὸς, καὶ ἐλέησον ἡμᾶς. Ὅτι σὺ εἶ μόνος Ἅγιος, σὺ εἶ μόνος Κύριος, Ἰησοῦς Χριστός, εἰς δόξαν Θεοῦ Πατρὸς. Ἀμήν. Καθ' ἐκάστην ἡμέραν εὐλογήσω σε, καὶ αἰνέσω τὸ ὄνομά σου εἰς τὸν αἰῶνα, καὶ εἰς τὸν αἰῶνα τοῦ αἰῶνος. Κύριε, καταφυγὴ ἐγενήθης ἡμῖν ἐν γενεᾷ καὶ γενεᾷ. Ἐγὼ εἶπα· Κύριε, ἐλέησόν με· ἴασαι τὴν ψυχὴν μου, ὅτι ἤμαρτόν σοι. Κύριε, πρὸς σὲ κατέφυγον· δίδαξόν με τοῦ ποιεῖν τὸ θέλημά σου, ὅτι σὺ εἶ ὁ Θεός μου. Ὅτι παρὰ σοὶ πηγὴ ζωῆς· ἐν τῷ φωτί σου ὀψόμεθα φῶς. Παράτεινον τὸ ἔλεός σου τοῖς γινώσκουσί σε. Καταξίωσον, Κύριε, ἐν τῇ ἡμέρᾳ ταύτῃ ἀναμαρτήτους φυλαχθῆναι ἡμᾶς. Εὐλογητός εἶ, Κύριε, ὁ Θεὸς τῶν Πατέρων ἡμῶν, καὶ αἰνετὸν καὶ δεδοξασμένον τὸ ὄνομά σου εἰς τοὺς αἰῶνας. Ἀμήν. Γένοιτο, Κύριε, τὸ ἔλεός σου ἐφ' ἡμᾶς, καθάπερ ἠλπίσαμεν ἐπὶ σέ. Εὐλογητός εἶ, Κύριε· δίδαξόν με τὰ δικαιώματά σου. Εὐλογητός εἶ, Δέσποτα· συντίσόν με τὰ δικαιώματά σου. Εὐλογητός εἶ, Ἅγιε· φώτισόν με τοῖς δικαιώμασί σου. Κύριε, τὸ ἔλεός σου εἰς τὸν αἰῶνα· τὰ ἔργα τῶν χειρῶν σου μὴ παρίδης. Σοὶ πρέπει αἶνος, σοὶ πρέπει ὕμνος, σοὶ δόξα πρέπει, τῷ Πατρί, καὶ τῷ Υἱῷ, καὶ τῷ Ἁγίῳ Πνεύματι, νῦν, καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

ΔΙΑΚΟΝΟΣ

Πληρώσωμεν τὴν ἑωθινήν δέησιν ἡμῶν τῷ Κυρίῳ.

(Κύριε, ἐλέησον.)

Ἀντιλαβοῦ, σῶσον, ἐλέησον καὶ διαφύλαξον ἡμᾶς ὁ Θεὸς τῆ σῆ χάριτι.

have mercy on us. For you are the only Holy One, you are the only Lord, Jesus Christ, to the glory of God the Father. Amen. Every day I shall bless you, and I shall praise your name forever, and unto the ages of ages. Lord, you have become for us a refuge from generation to generation. I have said: Lord, have mercy on me, heal my soul, for I have sinned against you. Lord, to you I have fled; teach me to do your will, for you are my God. For with you is the fountain of life; in your light we shall see light. Extend your mercy to those who know you. Grant, O Lord, that in this day we may be kept without sin. Blessed are you, O Lord, the God of our Fathers, and praised and glorified is your name unto the ages. Amen. Let your mercy, Lord, come upon us, just as we have hoped in you. Blessed are you, O Lord, teach me your commandments. Blessed are you, O Master, make me understand your commandments. Blessed are you, O Holy One, enlighten me with your commandments. Lord, your mercy remains forever, do not turn away from the works of your hands. To you belongs praise, to you belongs a hymn, to you belongs glory, to the Father and the Son and the Holy Spirit, now and ever and to the ages of ages. Amen.

DEACON

Let us complete our morning prayer to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Κύριε, ἐλέησον.)

Τὴν ἡμέραν πᾶσαν τελείαν, ἀγίαν, εἰρηνικὴν καὶ ἀναμάρτητον, παρὰ τοῦ Κυρίου αἰτησώμεθα.

(Παράσχου, Κύριε.)

Ἄγγελον εἰρήνης, πιστὸν ὁδηγόν, φύλακα τῶν ψυχῶν καὶ τῶν σωμάτων ἡμῶν, παρὰ τοῦ Κυρίου αἰτησώμεθα.

(Παράσχου, Κύριε.)

Συγγνώμην καὶ ἄφεσιν τῶν ἁμαρτιῶν καὶ τῶν πλημμελημάτων ἡμῶν, παρὰ τοῦ Κυρίου αἰτησώμεθα.

(Παράσχου, Κύριε.)

Τὰ καλὰ καὶ συμφέροντα ταῖς ψυχαῖς ἡμῶν καὶ εἰρήνην τῷ κόσμῳ, παρὰ τοῦ Κυρίου αἰτησώμεθα.

(Παράσχου, Κύριε.)

Τὸν ὑπόλοιπον χρόνον τῆς ζωῆς ἡμῶν ἐν εἰρήνῃ καὶ μετανοίᾳ ἐκτελέσαι, παρὰ τοῦ Κυρίου αἰτησώμεθα.

(Παράσχου, Κύριε.)

Χριστιανὰ τὰ τέλη τῆς ζωῆς ἡμῶν, ἀνώδυνα, ἀνεπαίσχυντα, εἰρηνικά, καὶ καλὴν ἀπολογία τὴν ἐπὶ τοῦ φοβεροῦ βήματος τοῦ Χριστοῦ αἰτησώμεθα.

(Παράσχου, Κύριε.)

Τῆς Παναγίας ἀχράντου, ὑπερευλογημένης, ἐνδόξου Δεσποίνης ἡμῶν Θεοτόκου καὶ ἀειπαρθένου Μαρίας μετὰ πάντων τῶν Ἁγίων μνημονεύσαντες, ἑαυτοὺς καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν ἡμῶν Χριστῷ τῷ Θεῷ παραθώμεθα.

(Σοί, Κύριε.)

ΙΕΡΕΥΣ

Ὅτι Θεὸς ἐλέους, οἰκτιρῶν, καὶ φιλανθρωπίας ὑπάρχεις, καὶ σοὶ τὴν δόξαν ἀναπέμπομεν, τῷ Πατρὶ, καὶ τῷ Υἱῷ, καὶ τῷ

(Lord, have mercy.)

That the whole day may be perfect, holy, peaceful, and sinless, let us ask the Lord.

(Grant this, O Lord.)

For an angel of peace, a faithful guide, a guardian of our souls and bodies, let us ask the Lord.

(Grant this, O Lord.)

For pardon and remission of our sins and transgressions, let us ask the Lord.

(Grant this, O Lord.)

For that which is good and beneficial for our souls, and for peace for the world, let us ask the Lord.

(Grant this, O Lord.)

That we may complete the remaining time of our life in peace and repentance, let us ask the Lord.

(Grant this, O Lord.)

And let us ask for a Christian end to our life, peaceful, without shame and suffering, and for a good defense before the awesome judgment seat of Christ.

(Grant this, O Lord.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

PRIEST

For You are the God of mercy and compassion and love for mankind, and to You we give glory, to the Father and the Son and

Ἁγίῳ Πνεύματι, νῦν, καὶ αἰεὶ, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

(Ἀμήν.)

ΙΕΡΕΥΣ

Εἰρήνη πᾶσι.

(Καὶ τῷ πνεύματί σου.)

ΔΙΑΚΟΝΟΣ

Τὰς κεφαλὰς ὑμῶν τῷ Κυρίῳ κλίνομεν.

(Σοί, Κύριε.)

ΙΕΡΕΥΣ (*χαμηλοφώνως*)

Κύριε, Ἄγιε, ὁ ἐν ὑψηλοῖς κατοικῶν καὶ τὰ ταπεινὰ ἐφορῶν, καὶ τῷ παντεφώρῳ σου ὄμματι ἐπιβλέπων ἐπὶ πᾶσαν τὴν κτίσιν, σοὶ ἐκλίναμεν τὸν αὐχένα τῆς ψυχῆς καὶ τοῦ σώματος, καὶ δεόμεθά σου Ἄγιε Ἀγίων· ἔκτεινον τὴν χειρὰ σου τὴν ἀόρατον ἐξ ἁγίου κατοικητηρίου σου, καὶ εὐλόγησον πάντας ἡμᾶς· καὶ εἴτι ἡμάρτομεν ἐκουσίως ἢ ἀκουσίως, ὡς ἀγαθὸς καὶ φιλάνθρωπος Θεὸς συγχώρησον, δωροῦμενος ἡμῖν τὰ ἐγκόσμια καὶ ὑπερκόσμια ἀγαθὰ σου.

Σὸν γὰρ ἐστὶ τὸ ἐλεεῖν καὶ σώζειν ἡμᾶς, ὁ Θεὸς ἡμῶν, καὶ σοὶ τὴν δόξαν ἀναπέμπομεν, τῷ Πατρὶ, καὶ τῷ Υἱῷ, καὶ τῷ Ἁγίῳ Πνεύματι, νῦν, καὶ αἰεὶ, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

(Ἀμήν.)

Τοῦ Τριωδίου ---

ΧΟΡΟΣ

Ἀπόστιχα.

Ἦχος πλ. α'. Ἰδιόμελον.

Κύριε, πρὸς τὸ μυστήριον τὸ ἀπόρητον τῆς σῆς οικονομίας, οὐκ ἐξαρκούσα ἡ τῶν ἐκ Ζεβεδαίου μήτηρ, ἠτεῖτό σοι προσκαίρου βασιλείας τιμῆν, τοῖς ἑαυτῆς δωρήσασθαι τέκνοις· ἀλλ' ἀντὶ ταύτης, ποτήριον θανάτου ἐπηγγείλω πιεῖν τοῖς φίλοις σου· ὁ ποτήριον πρὸ τούτων, πιεῖν ὁ αὐτὸς ἔλεγες, ἀμαρτημάτων καθαρτήριον. Διό σοι

the Holy Spirit, now and forever and to ages of ages.

(Amen.)

PRIEST

Peace be with all.

(And with your spirit.)

DEACON

Let us bow our heads to the Lord.

(To You, O Lord.)

PRIEST (*in a low voice*)

Holy Lord, dwelling on high and beholding things below and, with your eye that observes all, keeping watch over the whole creation, to you we have bowed the neck of our soul and body, and we beseech you, O Holy of Holies: Stretch forth your invisible hand from your holy dwelling and bless us all. And, as you are good and love humankind, pardon us if we have sinned in anything, voluntarily or involuntarily, granting us your blessings both of this world and of the world above.

For Yours it is to show mercy and to save us, O our God, and to You we give glory, to the Father and the Son and the Holy Spirit, now and forever and to ages of ages.

(Amen.)

From Triodion ---

CHOIR

Aposticha.

Mode pl. 1. *Idiomelon.*

Lord, the mother of the sons of Zebedee did not grasp the ineffable mystery of Your dispensation; she asked You to give her sons the honors of a temporal kingdom. But instead of this, You promised Your friends that they would drink the cup of death; and You said that before they would drink this cup, You yourself would drink it, for the

βοῶμεν· Ἡ σωτηρία τῶν ψυχῶν ἡμῶν, δόξα σοι.

Ἦχος πλ. α'. Ἰδιόμελον.

Στίχ. Ἐνεπλήσθημεν τὸ πρωῖ τοῦ ἐλέους σου, Κύριε, καὶ ἠγαλλιασάμεθα καὶ εὐφράνθημεν ἐν πάσαις ταῖς ἡμέραις ἡμῶν. Εὐφρανθήμεν ἀνθ' ὧν ἡμερῶν ἐταπεινώσας ἡμᾶς, ἐτῶν, ὧν εἶδομεν κακά. Καὶ ἴδε ἐπὶ τοὺς δούλους σου καὶ ἐπὶ τὰ ἔργα σου καὶ ὁδήγησον τοὺς υἱοὺς αὐτῶν.

Κύριε, τὰ τελεώτατα φρονεῖν, τοὺς οἰκείους παιδεύων Μαθητάς, μὴ ὁμοιοῦσθαι τοῖς ἔθνεσιν ἔλεγες, εἰς τὸ κατάρχειν τῶν ἐλαχιστοτέρων· οὐχ οὕτω γὰρ ἔσται ὑμῖν τοῖς ἐμοῖς Μαθηταῖς, ὅτι πτωχὸς θέλων ὑπάρχω· ὁ πρῶτος οὖν ὑμῶν, ἔστω πάντων διάκονος, ὁ δὲ ἄρχων, ὡς ὁ ἀρχόμενος, ὁ προκριθεὶς δὲ ὡς ὁ ἔσχατος· καὶ γὰρ ἐλήλυθα αὐτὸς τῷ πτωχεύσαντι Ἀδὰμ διακονῆσαι, καὶ λύτρον δοῦναι ἀντὶ πολλῶν, τὴν ψυχὴν τῶν βοώντων μοι· Δόξα σοι.

Ἦχος πλ. δ'. Ἰδιόμελον.

Στίχ. Καὶ ἔστω ἡ λαμπρότης Κυρίου τοῦ Θεοῦ ἡμῶν ἐφ' ἡμᾶς, καὶ τὰ ἔργα τῶν χειρῶν ἡμῶν κατεύθυνον ἐφ' ἡμᾶς καὶ τὸ ἔργον τῶν χειρῶν ἡμῶν κατεύθυνον.

Τῆς ξηρανθείσης συκῆς διὰ τὴν ἀκαρπίαν, τὸ ἐπιτίμιον φοβηθέντες ἀδελφοί, καρποὺς ἀξίους τῆς μετανοίας, προσάξωμεν Χριστῷ, τῷ παρέχοντι ἡμῖν τὸ μέγα ἔλεος.

Δόξα· καὶ νῦν.

Τοῦ Τριωδίου ---

Ἦχος πλ. δ'.

Δευτέραν εὖαν τὴν Αἰγυπτίαν, εὐρῶν ὁ δράκων, διὰ ῥημάτων, ἔσπευδε

expiation of sins. Therefore we cry out to You, the salvation of our souls: Glory to You. (SD)

Mode pl. 1. Idiomelon.

Verse: *We were filled with Your mercy in the morning, and in all our days we greatly rejoiced and were glad. Gladden us in return for the days You humbled us, for the years we saw evil things. And behold Your servants and Your works, and guide their sons.* (SAAS)

Lord, as You were training Your disciples to have their mind set on perfection, You told them not to imitate the Gentiles in lording it over the least of Your servants. "It shall not be so with You, my disciples; for I am poor because I want to be. So let the first among you be the minister and servant of all. Let the ruler be as the one being ruled, the preeminent as the one who is last; for I myself have come to minister to Adam in his poverty, and to give my life as a ransom for the many who cry to me: Glory to You." (SD)

Mode pl. 4. Idiomelon.

Verse: *And let the brightness of the Lord our God be upon us, and prosper for us the works of our hands.* (SAAS)

Being frightened by the punishment of the fig tree, which withered because it did not bear fruit, O brethren, let us bring worthy fruits of repentance to Christ, who grants us His great mercy. (SD)

Glory. Both now.

From Triodion ---

Mode pl. 4.

The serpent, finding the Egyptian woman to be a second Eve through the words she

κολακειάις, ὑποσκελῖσαι τὸν Ἰωσήφ· ἀλλ' αὐτὸς καταλιπὼν τὸν χιτῶνα, ἔφυγε τὴν ἁμαρτίαν, καὶ γυμνὸς οὐκ ἠσχύνετο, ὡς ὁ πρωτόπλαστος πρὸ τῆς παρακοῆς· αὐτοῦ ταῖς ἰκεσίαις Χριστέ, ἐλέησον ἡμᾶς.

ΙΕΡΕΥΣ

Ἀγαθὸν τὸ ἐξομολογεῖσθαι τῷ Κυρίῳ καὶ ψάλλειν τῷ ὀνόματί σου, Ὑψιστε. Τοῦ ἀναγγέλλειν τῷ πρωῖ τὸ ἔλεός σου καὶ τὴν ἀλήθειάν σου κατὰ νύκτα.

ΑΝΑΓΝΩΣΤΗΣ

Τρισάγιον.

Ἅγιος ὁ Θεός, ἅγιος Ἰσχυρός, ἅγιος Ἀθάνατος, ἐλέησον ἡμᾶς. (ἐκ γ')

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι. Καὶ νῦν καὶ αἰεὶ, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Παναγία Τριάς, ἐλέησον ἡμᾶς. Κύριε, ἰλάσθητι ταῖς ἁμαρτίαις ἡμῶν. Δέσποτα, συγχώρησον τὰς ἀνομίας ἡμῖν. Ἄγιε, ἐπίσκεψαι καὶ ἴασαι τὰς ἀσθενείας ἡμῶν, ἕνεκεν τοῦ ὀνόματός σου.

Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι. Καὶ νῦν καὶ αἰεὶ, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Πάτερ ἡμῶν ὁ ἐν τοῖς οὐρανοῖς, ἁγιασθήτω τὸ ὄνομά σου. Ἐλθέτω ἡ βασιλεία σου. Γενηθήτω τὸ θέλημά σου, ὡς ἐν οὐρανῷ καὶ ἐπὶ τῆς γῆς. Τὸν ἄρτον ἡμῶν τὸν ἐπιούσιον δὸς ἡμῖν σήμερον. Καὶ ἄφες ἡμῖν τὰ ὀφειλήματα ἡμῶν, ὡς καὶ

spoke, hastened through flattery to cause Joseph to fall. But Joseph abandoned his garment, and thus he fled from sin. And though he was naked, he was unashamed, like Adam, the first man, was before he disobeyed. At his entreaties, O Christ, have mercy on us. (SD)

PRIEST

It is good to give thanks to the Lord and to sing to Your name, O Most High. To proclaim Your mercy in the morning and Your truth at night.

READER

Trisagion Prayers.

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3)

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

All-holy Trinity, have mercy on us. Lord, forgive our sins. Master, pardon our transgressions. Holy One, visit and heal our infirmities for your name's sake.

Lord, have mercy. Lord, have mercy. Lord, have mercy.

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Our Father, who art in heaven, hallowed be Thy name. Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass

ἡμεῖς ἀφίεμεν τοῖς ὀφειλέταις ἡμῶν. Καὶ μὴ εἰσενέγκῃς ἡμᾶς εἰς πειρασμόν, ἀλλὰ ρῦσαι ἡμᾶς ἀπὸ τοῦ πονηροῦ.

ΙΕΡΕΥΣ

Ὅτι σοῦ ἐστὶν ἡ βασιλεία καὶ ἡ δύναμις καὶ ἡ δόξα τοῦ Πατρὸς καὶ τοῦ Υἱοῦ καὶ τοῦ Ἁγίου Πνεύματος, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

(Ἀμήν.)

ΑΝΑΓΝΩΣΤΗΣ

Κοντάκιον.

Ὁ Ἰακώβ ὠδύρετο τοῦ Ἰωσήφ τὴν στέρησιν, καὶ ὁ γενναῖος ἐκάθητο ἄρματι, ὡς βασιλεὺς τιμώμενος· τῆς Αἰγυπτίας γὰρ τότε ταῖς ἡδοναῖς μὴ δουλεύσας, ἀντεδοξάζετο παρὰ τοῦ βλέποντος τὰς τῶν ἀνθρώπων καρδίας, καὶ νέμοντος στέφος ἄφθαρτον.

Κύριε, ἐλέησον. (μ')

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι. Καὶ νῦν καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφεείμ, τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

Ἐν ὀνόματι Κυρίου εὐλόγησον, Πάτερ.

ΙΕΡΕΥΣ

Ὁ ὢν εὐλογητός, Χριστὸς ὁ Θεὸς ἡμῶν, πάντοτε, νῦν, καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

(Ἀμήν.)

Ἐπουράνιε Βασιλεῦ, τοὺς πιστοὺς ἄρχοντας ἡμῶν στερέωσον· τὴν πίστιν στήριξον· τὰ ἔθνη πράννον· τὸν κόσμον εἰρήνευσον· τὴν ἁγίαν Ἐκκλησίαν (ἢ Μονὴν) ταύτην καλῶς διαφύλαξον· τοὺς

against us. And lead us not into temptation, but deliver us from evil.

PRIEST

For Thine is the Kingdom and the power and the glory, of the Father and of the Son and of the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

READER

Kontakion.

Jacob lamented the loss of Joseph; yet the courageous one sat on a chariot, honored as a king. For by refusing to be enslaved by the pleasures of the Egyptian woman, he was later glorified in return by Him who sees men's hearts and deals out the imperishable crown.

Lord, have mercy. (40)

Glory to the Father and the Son and the Holy Spirit. Both now and ever and to the ages of ages. Amen.

Greater in honour than the Cherubim * and beyond compare more glorious than the Seraphim, * without corruption * you gave birth to God the Word; * truly the Mother of God, * we magnify you.

In the name of the Lord, Father, bless!

PRIEST

Blessed are You, Christ our God, always now and forever and to the ages of ages.

(Amen.)

O heavenly King, uphold our rulers, strengthen the Faith, calm the nations, give peace to the world. Protect this holy Church (or, Monastery); grant our departed fathers and brethren that they may dwell with

προαπελθόντας πατέρας καὶ ἀδελφούς
ἡμῶν ἐν σκηναῖς δικαίων τάξον· καὶ ἡμᾶς
ἐν μετανοίᾳ καὶ ἐξομολογήσει παράλαβε,
ὡς ἀγαθὸς καὶ φιλόστοργος.

(Ἀμήν.)

Εὐχή τοῦ Ἁγίου Ἐφραίμ

Κύριε καὶ Δέσποτα τῆς ζωῆς μου,
πνεῦμα ἀργίας, περιεργίας, φιλαρχίας καὶ
ἀργολογίας μή μοι δῶς.

Πνεῦμα δὲ σωφροσύνης,
ταπεινοφροσύνης, ὑπομονῆς καὶ ἀγάπης
χάρισαί μοι τῷ σῶ δούλῳ.

Ναί, Κύριε Βασιλεῦ, δώρησαί μοι τοῦ
ὄρα̅ν τὰ ἐμὰ πταίσματα, καὶ μὴ κατακρίνειν
τὸν ἀδελφόν μου.

Ὅτι εὐλογητὸς εἶ εἰς τοὺς αἰῶνας τῶν
αἰώνων. Ἀμήν.

ΑΝΑΓΝΩΣΤΗΣ

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι.
Καὶ νῦν καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν
αἰώνων. Ἀμήν.

Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε,
ἐλέησον.

Εὐλόγησον.

ΙΕΡΕΥΣ

Ἐρχόμενος ὁ Κύριος ἐπὶ τὸ ἐκούσιον
πάθος, διὰ τὴν ἡμῶν σωτηρίαν, Χριστὸς
ὁ ἀληθινὸς Θεὸς ἡμῶν, ταῖς πρεσβείαις
τῆς παναχράντου καὶ παναμώμου ἁγίας
αὐτοῦ Μητρός, δυνάμει τοῦ τιμίου καὶ
ζωοποιῦ Σταυροῦ, προστασίαις τῶν τιμίων
ἐπουρανίων Δυνάμεων Ἀσωμάτων, ἰκεσίαις
τοῦ τιμίου, ἐνδόξου, προφήτου, Προδρόμου
καὶ βαπτιστοῦ Ἰωάννου, τῶν ἁγίων ἐνδόξων
καὶ πανευφήμων Ἀποστόλων, τῶν ἁγίων
ἐνδόξων καὶ καλλινίκων μαρτύρων· τῶν
ὁσίων καὶ θεοφόρων Πατέρων ἡμῶν· (τοῦ
Ἁγίου τοῦ Ναοῦ)· τῶν ἁγίων καὶ δικαίων

the righteous, and accept us in repentance
and confession; for You are good and love
mankind.

(Amen.)

Prayer of St. Ephraim

O Lord and Master of my life, do not
permit the spirit of laziness and meddling, the
lust for power and idle talk to come into me.

Instead, grant me, your servant, the spirit
of prudence, humility, patience and love.

Yes, Lord and King, give me the power
to see my own faults and not to judge my
brother.

For you are blessed unto the ages of ages.
Amen. (HC)

READER

Glory to the Father and the Son and the
Holy Spirit. Both now and ever and to the
ages of ages. Amen.

Lord, have mercy. Lord, have mercy.
Lord, have mercy.

Father, bless!

PRIEST

May He who is coming to His voluntary
Passion for our salvation, Christ our true God,
through the intercessions of His all-pure and
all-immaculate holy Mother, the power of the
precious and life-giving Cross, the protection
of the honorable, bodiless powers of heaven,
the supplications of the honorable, glorious
prophet and forerunner John the Baptist, of
the holy, glorious, and praiseworthy apostles,
of the holy, glorious, and triumphant martyrs,
of our righteous and God-bearing fathers,
(local patron saint); of the holy and righteous
ancestors of God Joachim and Anna, and of all

Θεοπατόρων Ἰωακείμ καὶ Ἄννης, καὶ
πάντων τῶν Ἁγίων, ἐλεήσει καὶ σώσει
ἡμᾶς, ὡς ἀγαθὸς καὶ φιλόανθρωπος.

Δι' εὐχῶν τῶν ἁγίων πατέρων ἡμῶν,
Κύριε Ἰησοῦ Χριστέ ὁ Θεός, ἐλέησον καὶ
σῶσον ἡμᾶς.

(Ἀμήν.)

the saints, have mercy on us and save us, for
He is good and loves mankind.

Through the prayers of our holy fathers,
Lord Jesus Christ, our God, have mercy on us
[and save us].

(Amen.)